

Needs, Wants, Wishes and Dreams:

*Programs and Services that Bring **Relief** to
Parents and Caregivers of
Children with Disabilities
and the Professionals who Support them*

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Advocacy Tips!

- Learn about regulations and laws that support your desired goals and outcomes.
- Use words like advocate, due process, recourse -- state your position with the attitude that the desired end is already a given.
- Call yourself your child's advocate. The connotation is "lawyer" even though you are not.
- When you have achieved any desired outcome, thank you's can serve to motivate future cooperation and compliance. Everyone appreciates appreciation.
- Persistence! Call, call again, fax, write, follow-up with a call. The squeaky wheel gets the grease and the services.
- Get names!! People miraculously develop better manners if they think you can track them down.
- Everyone has a boss!! Start at the bottom and work your way up. If you are not getting satisfaction with someone, find out who their supervisor is; go all the way to the board of directors, president, etc., if need be.
- Everyone gets a paycheck. It can be very effective to find out where someone's funding comes from.
- There is never any excuse for rude treatment!! Let the rude person know you are aware of this basic right.
- Paper trails are critical. Document all names, incidents, what you were told, when, what you did, what they did.
- Know your rights and entitlements, and be adamant in asking for them.
- Be very sparing when calling in favors; the "crying wolf" syndrome can take hold. If you ask for too many favors, you'll soon find closed ears. Use all possible resources before saying, "please do me a favor".
- If you want an organization or agency to help you, consider ways of helping that program. Volunteering in some way may encourage them to help you.
- Waiting lists are a reality - put your child on the list. You've got to be in it to win it!
- The early bird catches the resource. If you think you are too early, too soon, jumping the gun, you are probably too late.

- Never put all your eggs in one basket; most of your eggs might be rotten. Brainstorm many options and back-up possibilities.
- If all else fails, use the media!! Radio, television, newspapers, action reporters...
- Put the people who represent you and your families to work - your elected officials such as your city councilman/woman, borough presidents, public advocate, your state assemblyman/woman, state senator, state governor, your United States congressman/woman, senators, the president. You never know!

Advocacy and Legal Organizations

Advocates for Children of New York, Inc.

151 W. 30th St., 5th Fl.,
New York, NY 10001
212-947-9779; 212-947-9790 (FAX)
1-866-427-6033-Mon.–Thurs. Hotline
www.advocatesforchildren.org
Educational advocacy

Association of the Bar of the City of New York

Legal Referral Service
42 W. 44th St.,
New York, NY 10036
212-626-7373; 212-575-5676 (FAX)
www.nycbar.org
Legal advocacy

Bronx County Bar Association

851 Grand Concourse,
Rm. 124, Bronx, NY 10451
718-293-5600
718-681-0098 (FAX)
www.bronxbar.com
Legal advocacy

Bronx Independent Living Services, Inc.

4419 Third Avenue,
Suite 2C, Bronx, NY 10457
718-515-2800; 718-515-2844 (FAX)
www.bils.org
Advocacy for Bronx residents with disabilities

Brooklyn Bar Association

123 Remsen St., Brooklyn, NY 11201
718-624-0675; 718-797-1713 (FAX)
www.brooklynbar.org
Legal Advocacy

Brooklyn Center for the Independence of the Disabled

27 Smith Street, Suite 200, Brooklyn, NY 11201
718-998-3000; 718-998-3743 (FAX)
www.bcid.org
Advocacy for Brooklyn residents with disabilities

Center for Disability Advocacy Rights (CeDAR)

100 Lafayette St., Room 304, New York, NY 10013
212-979-0505; 212-979-8778 (FAX);
212-979-7880 (TDD)
Area Served: Manhattan
www.cdrnys.org
Legal advocacy

Center for the Independence of the Disabled, NY

841 Broadway, Suite 301
New York, NY 10003
New York, NY 10003
212-674-2300
646-442-1520 (Queens)
All advocacy issues
www.cidny.org

Families on the Move of New York City (Staten Island)

358 St. Marks Place,
Suite 203, Staten Island, NY 10301
347-682-4870 Administrative
info@fotmny.org
www.fotmny.org
Advocacy for parents of children with emotional disabilities.

ICL-Family Resource Center (Brooklyn)

2581 Atlantic Avenue, 2nd Floor, Brooklyn, NY 11207
718-290-8100x4145; 718-495-8298 (FAX)

www.iclinc.net

Advocacy for parents of children with emotional disabilities

Jewish Board of Family and Children's Services-Family Resource Center

2795 Richmond Avenue, Staten Island, NY 10314

Staten Island

718-698-5307x283; 718-370-1142 (FAX)

<http://www.jbfcs.org/>

Advocacy for parents of children with emotional disabilities

Jewish Child Care Association (Brooklyn)

858 E. 29th Street

Brooklyn, NY 11210

347-394-5186; 718-859-4013 (FAX)

www.jccany.org

Advocacy for parents of children with emotional disabilities

Lawhelp.org/NY

This website links you with free legal clinic in your area

www.lawhelp.org/ny

Legal Aid Society

199 Water Street, 3rd Floor, New York, NY 10038

212-577-3300

www.legal-aid.org

Legal Aid has free legal clinics in all boroughs. Call to find the nearest one to you.

Legal Services for New York City

350 Broadway, 6th Floor, New York, NY 10013

646-442-3600

www.legalservicesnyc.org

Free legal services throughout New York City.

Mental Health Association (MHA) of New York City

2 Rector St., 13th Fl., New York, NY

212-964-5253

<http://www.mhaofnyc.org/>

MHA Family Resource Centers

· Bronx 718-220-0456x6126

· Bronx 718-220-0456x6124

· Manhattan 212-964-5253x306

· Manhattan 212-410-1820

· Queens

718-651-1960

Advocacy for parents of children with emotional disabilities

New York Lawyers for the Public Interest

Disability Law Center

151 W. 30th St., 11th Fl., New York, NY 10011

212-244-4664; 212-244-4570 (FAX)

www.nympi.org

Legal, educational, SSI and housing advocacy

New York Legal Assistance Group

130 E. 59th St., 14th Fl., New York, NY 10022

212-613-5000; 212-750-0820 (FAX)

www.nylag.org

Legal and educational advocacy

Partnership for Children's Rights

271 Madison Avenue, 17th Floor, New York, NY 10016

212-683-7999, 212-683-5544 (FAX)

<http://www.kidslaw.org/>

Educational and SSI advocacy

Public Advocate for the City of New York

1 Centre St., 15th Fl. North, New York, NY 10007

212-669-7200; 212-669-4091 (FAX);

212-669-7438 (TDD)

Advocacy and Legal Organizations

212-669-7250, Ombudsman Hotline
212-669-7670, Senior Action Line
www.pubadvocate.nyc.gov
The Public Advocate answers complaints and questions about government agencies and bureaucracy and investigates ineffective agencies and programs.

Queens Volunteer Lawyers Project, Inc.

90-35 148th St.
Jamaica, NY 11435
Queens County Bar Association
718-739-4100; 718-657-1789 (FAX)
Legal advocacy

Resources for Children with Special Needs (RCSN)

116 E. 16th St. 5th Floor
New York, NY 10003
212-677-4650; 212-254-4070 (FAX)
www.resourcesnyc.org
All areas of disability advocacy

Richmond County Bar Association

P.O. Box 140593, Staten Island, NY
10301
718-442-4500; 718-442-2019 (FAX)
www.richmondcountybar.org
Legal advocacy

Sinergia

2082 Lexington Ave.,
3rd Fl.
New York, NY 10035
212-643-2840, 866-867-9665
www.sinergiany.org
All areas of disability advocacy

St. John Episcopal Health Center Family Resource Center

115-04 Rockaway Beach Blvd.,
Rockaway Park,
NY 11694
(Queens)

347-644-5711; 347-644-5635 (FAX)
kgardini@ehs.org
Advocacy for parents of children with emotional disabilities

United We Stand of NY, LTD.

98 Moore St. Brooklyn NY 11206
718-302-4313 (Brooklyn Education
Advocacy)
646-460-1635, 7, 8 (Queens Special
Education Parent Center Project)
www.uwsfnyc.org
All areas of disability advocacy

Health Clinics Specializing in Children with Developmental Disabilities

Article 16 clinics: Facilities certified by OPWDD to provide habilitation services (long-term therapies) to persons with developmental disabilities. These services are ordered by a physician or other practitioner to reduce the effects of physical or mental disability, enabling the person to achieve maximum independence. Services include fitting, modification and training in the use of assistive devices to ameliorate the disability condition.

Article 28 clinics: Free standing or hospital based ambulatory care facilities licensed by the New York State Department of Health under Article 28 of the Public Health Law. Certain Article 28 facilities are explicitly designated by the State to service persons with developmental disabilities.

Health and Hospitals Corporation (HHC): A network of health facilities that will provide families with low cost and free health care regard less of immigration status. Some offer specific services for families of children with developmental disabilities.

Private Clinics: Institutions that are private run and have special needs clinics.

Access Community Health Center AHRC Healthcare, Inc. (Article 16)

3203 39th Avenue
Long Island City, NY 11101
718-730-1002
www.accesschc.org

Albert Einstein College of Medicine

Rose F. Kennedy Center

Children's Evaluation/Rehabilitation Center (Article 16)

1410 Pelham Parkway South, Bronx, NY 10461
718-430-8522 Dr. Herbert Cohen
718-430-8500, Clinic
718-892-2296 (FAX)
www.aecom.yu.edu

Association for the Help of Retarded Children (Article 16 & 28)

83 Maiden Lane, New York, NY 10038
212-780-2652, 212-777-3918 (FAX)
www.ahrcnyc.org

Block Institute (Article 16)

376 Bay 44th St., Brooklyn, NY 11214
718-947-3250
718-714-0197 (FAX)
www.blockinstitute.org

Coney Island Hospital Child Development Center (HHC)

2601 Ocean Parkway Brooklyn, NY 11235

718-616-4004

<http://www.nyc.gov/html/hhc/coneyisland/html/home/home.shtml>

CPA (Cerebral Palsy Assoc.) (Article 16 &28)

921 East New York Ave

Brooklyn, NY 11203

718-778-8587

Eden II (Private)

150 Granite Avenue Staten Island, NY 10303

718-816-1422x224

www.eden2.org/programs/family-support-services.htm

Epilepsy Institute (Article 16)

257 Park Ave. South, Ste. 302, New York, NY 10010

212-677-8550, 212-677-5825 (FAX)

www.epilepsyinstitute.org

FEGS (Article 16)

315 Hudson St., 9th Fl., New York, NY 10013

212-366-8400

212-366-8441 (FAX)

80 Van Dam Street

New York, NY 100013

917-606-6610

2432 Grand Concourse

Bronx, NY 10461

718-430-0748

www.fegs.org

Harmony Services (Article 16)

3820 14th Avenue Brooklyn, NY 11218

718-435-8080

HASC Diagnostic & Treatment Center (Article 16 & 28)

1221 E. 14th Street

Brooklyn, NY 11230

www.hasccenter.org

HeartShare

Angels on the Bay Evaluation Center (Article 16 & 28)

162-30 Cross Bay Blvd.

Howard Beach, NY 11414
718-323-2877
www.heartshare.org

HeartShare Wellness
177 Livingston St.
Brooklyn, NY 11201
718-855-7707x8015
www.heartshare.org

**Institute for Basic Research
Infant Development Center (Private)**
1050 Forest Hill Rd., Staten Island, NY 10314
718-494-5151; 718-494-4806 (FAX)

**Interfaith Medical Center
Pediatric Clinic (Article 16)**
1545 Atlantic Avenue, Brooklyn, NY 11213
718-613-4001, 718-613-4101 (FAX)
www.interfaithmedical.org

**Kings County Hospital
Developmental Evaluation Clinic (HHC)**
451 Clarkson Ave., N Bldg., Rm. 311, Brooklyn, NY
718-245-3131
<http://www.nyc.gov/html/hhc/kchc/html/home/home.shtml>

Koicheff Health Care Center
2324 Forest Avenue, Staten Island, NY 10303
718-447-0200

Lifespire / ACRMD (Article 16)
350 Seventh Avenue Suite301
New York, NY 10118
212-741-0100, 212-242-0696 (FAX)
www.lifespire.org

184-10 Jamaica Avenue 5th Fl.
Hollis, NY 11323
718-454-6940

Maimonides Medical Center Developmental Center (Private)
9802 10th Avenue, Brooklyn, NY 11220
718-283-6000 x1900; 718-635-6745 (FAX)
www.maimonidesmed.org/

**Morrisania Diagnostic and Treatment Center
Child Development Center (HHC)**
1225 Gerard Ave. Bronx, NY 10452
718-960-2991; 718-960-2638 (FAX)
<http://www.nyc.gov/html/hhc/html/facilities/morrisania.shtml>

**New York State Institute for Basic Research
in Developmental Disabilities (Private)**
1050 Forest Hill Road, Staten Island, NY 10314
718-494-0600, 718-494-6330; 718-494-0833 (FAX)
www.omr.state.ny.us

Premier Health Care (Article 16 & 28)
406 10th Ave, New York, NY 10001
212-273-6515
www.yai.org

Professional Service Centers for the Handicapped (PSCH) (Article 16)
30-50 Whitestone Expressway, Flushing, NY 11354
718-445-4700, 718-762-6140 (FAX)

25-34 Steinway St.
Astoria, NY 11103
718-777-5243, 718-777-5250 (FAX)
www.psch.org

Queens Center for Progress - Clinic (Article 16)
(formerly: UCP of Queens)
81-15 164th St., Jamaica, NY 11432
718-380-3000, 718-380-0483 (FAX)
www.queensqcp.org

Shield Institute, Inc. (Article 16)
144-61 Roosevelt Ave., Flushing, NY 11354
718-939-8700, 718-939-8364 (FAX)

39-09 214th St.
Bayside, NY 11361
718-229-5757
www.shield.org

**Staten Island Mental Health Society Elizabeth Pouch Center for Special People
Chait Memorial Center (Article 16)**
657 Castleton Ave., Staten Island, NY 10301
718-442-2225, 718-442-2289 (FAX)
www.simhs.org

Terence Cardinal Cooke Health Care Center (Article 16)

1249 Fifth Ave., New York, NY 10029

212-360-3600; 212-360-3830 (FAX)

212-360-3776, Social Work Office

www.tcchcc.org

United Cerebral Palsy of New York City (Article 16 & 28)

80 Maiden Lane, New York, NY 10038

212-677-7400x117

175 Lawrence Avenue, Brooklyn, NY 11230

718-436-7600x106

408 E. 137th Street, Bronx, NY 10454

718-883-3458x216

281 Port Richmond Avenue, Staten Island NY 10302

718-442-6006x231

www.ucp.org

United Cerebral Palsy of Queens, Inc. (Article 16)

81-15 164th Street

Jamaica, NY 11432

718-380-3000

YAI-National Institute for People with Disabilities (Article 16)

460 W. 34th St.

New York, NY 10001

212-273-6182, 212-273-6100 YAI LINK

Also: 718-239-1790-Bronx

718-306-1300 and 718-743-3850-Brooklyn

212-273-6515-Manhattan

718-705-1000 and 718-482-8121-Queens

<http://www.yai.org/>

Finding Child Care

Your child has a right under the Americans with Disabilities Act to be given reasonable accommodations in all public accommodations that do not have a religious affiliation including early childhood programs, family and group care programs as well as after school centers. The fine for violating your child's rights could be \$55,000! The following agencies/programs can help you find appropriate child care for your infant, preschool or school age child in both special and mainstream settings.

Child Care Information and Referral

The New York City Child Care Resource & Referral Consortium offers free information and referral services for families with children birth-school age. Request assistance in English, Spanish, Chinese languages or Haitian-Creole by calling their toll-free number at (888)469-5999.

CCI-Center for Children's Initiatives, Inc.

322 Eighth Avenue, 4th Floor
New York, NY 10001
212-929-7604 or 212-929-6911
www.centerforchildrensinitiatives.org

Child Development Support Corporation

352-358 Classon Avenue
Brooklyn, NY 11238
718-398-6738
718-398-6370
www.cdscnyc.org

Chinese-American Planning Council / Asian Family Services

165 Eldridge Street
New York, NY, 10002
212-941-0030
www.childcarecpc.org

Committee for Hispanic Children and Families

110 William Street, Suite 1802
New York, NY 10038
212-206-1090
www.chcfinc.org

Day Care Council of New York

2082 Lexington Avenue, Suite 204
New York, NY 10035
212-206-7818
www.dccnyinc.org

Can My Child Receive Medication While in Child Care?

Sometimes children with disabilities require medication during the time they are in child care. By calling the above Child Care Resource and Referral (CCR&R) organizations, you can find out which child care providers have gone through Medication Administration Training (MAT Training) and are permitted to administer medication to your child. Call 888-469-5999 and ask to speak to a Health Consultant, NYS licensed RNs who are on staff at each of the CCR&R agencies. Having said this, please also be aware that refusing to administer medication might be considered a violation of the Americans with Disabilities Act! All child care providers should take the MAT training.

Need Help Paying for Child Care?

The Administration for Children's Services (ACS) determines a family's eligibility for subsidized child care. If you are working, attending school or a job training program you may be eligible for subsidized child care.

Call 311 or log onto www.nyc.gov/html/acs to request an application.

Families can also use the Child Care Eligibility Wizard on the ACS website at www.nyc.gov/html/acs/chidcare_eligibility/wizard.html to determine if they qualify for a subsidy.

New York City Child Care Tax Credit

http://www.nyc.gov/html/ofe/downloads/pdf/nyc_child_care_tax_credit.pdf

You might be entitled to a tax credit if you are paying for child care.

NYC Department of Health and Mental Hygiene, Bureau of Child Care regulates child care centers in NYC and is the registrar for family, group family and school age child care programs regulated by The NYS Office of Children and Family Services. Contact your borough office or visit <https://a816-healthpsi.nyc.gov/ChildCare/Search.do> to find out if a child care center is registered/licensed or has violations that have not been corrected. Visit the NYS Office of Children and Family Services website to find similar information about family, group family and school age child care programs, [www.http://it.ocf.ny.gov/ccfs_facilitysearch/](http://it.ocf.ny.gov/ccfs_facilitysearch/).

Borough Offices

Bronx

For Group Child Care: (718) 579-7775

For Home-based & School-age Child Care: (718) 410-3903

Brooklyn and Staten Island

For Group Child Care: (718) 222-6323

For Home-based & School-age Child Care: (718) 222-6390

Manhattan
212-313-5120

Queens
Home-based and School-age Child Care: (718) 393-6257
Group Child Care Centers: (718-520-4926) or (718) 520-4927

NYS Office of Children and Family Services Child Care Database
518-473-7793 Search for NYS licensed child care providers http://it.ocfs.ny.gov/CCFS_facilitysearch

Referral to After School Programs

New York City Youth Connect
1-800-246-4646 www.nyc.gov/html/dycd/html/afterschool/out_of_school_time.shtml
Information line about programs for NYC children.

Partnership for After School Education
212-571-2664
www.pasesetter.com
Search for after school programs in your neighborhood

Homecare

If you have Medicaid and are in need of assistance in your home, you might qualify for homecare.

Homecare is not a babysitting service. If you need temporary child care, other resources such as friends, relatives, or respite care should be used.

Home Care Services are a crisis intervention service when you are unable to care for your family's basic needs. They are training services to help you learn how to manage your household more effectively, not to manage your responsibilities.

How can I apply for Home Care Services?

Children in receipt of Medicaid who are enrolled in a managed care plan should access home care services from their managed care plan. Discuss with the child's primary care physician the need for this service. The plan will assess eligibility for home care, as well as the number of hours needed.

Children who are exempt from managed care enrollment and who receive fee-for-service Medicaid should request home care through their local CASA office. To find your local CASA office call NYC Homecare: 212-676-6800.

Your physician must sign a Medical Request for Home Care Services, **(M11Q form)** verifying that you or your child are medically eligible for these services. The doctor then forwards the application to the ACS Family Home Care Intake Division. Once they receive the application, Family Home Care will forward the request to your local field office, who will contact you about visiting your home to determine your needs.

Note: If you or your child has AIDS or is HIV+, the request for Home Care should be forwarded directly to the Division of AIDS Services (DAS). For more information, please call DAS at (212) 971-0626.

Family Home Care Services (FHC)

150 William St., 7th Floor
New York, NY 10038
(212) 676-6800

Special Needs Child Care

NYS Developmental Disabilities Regional Offices

Bronx: 718-430-0757
Brooklyn: 718-642-6151 x6000
Manhattan: 212-229-3000 x3132
Queens: 718-217-4242 x6179
Staten Island: 718-982-1904

www.opwdd.ny.gov

Find respite for children with developmental disabilities. You often need to have Medicaid Waiver in order to qualify. See the section on OPWDD to learn more about Medicaid Waiver.

Resources for Children with Special Needs, Inc.

116 E. 16th Street, 5th Floor
New York, NY 10003
212-677-4650

www.resourcesnyc.org

Referral to special and mainstream child care

Working Solutions, Inc.

51 E. 42nd Street, Suite 1511
New York, NY 10017
212-922-9562

www.workingsolutioninc.com

Special needs nannies and childcare providers

The Jewish Community Center In Manhattan

333 Amsterdam Avenue
New York, NY 10023
646-505-5729

www.jccmanhattan.org

They have a listing of Teenagers who have been trained to be babysitters for children with disabilities.

Strategy!: There is a way to pick your own child care provider and get help paying for that person:

- 1) **Consumer Directed Personal Assistance Program (CD-PAP):** If your child has Medicaid and you have someone whom you trust to care for your child, Medicaid might pay that person. Contact your local **Community Alternative Systems Agency (CASA) Office:** To find your local CASA office you can contact NYC Homecare: 212-676-6800. You will need a doctor to fill out a form called an M11Q. Homecare can send it to you. If approved, you can choose the person to care for your child and Medicaid might pay that person.

Dental Services

ArchCare

205 Lexington Avenue, 3rd Floor
New York, New York 10016
212-360-3976
www.archcare.org

Brookdale Hospital Medical Center

1 Brookdale Plaza.
Brooklyn, NY 11212
718-240-6282
http://brookdalehospital.org/html/medical_services/dental_and_oral_surgery.htm

Kings County Hospital - Dental Services

541 Clarkson Ave., "E" Bldg., at 39th St.
Brooklyn, NY 11203
718-245-4914
<http://www.nyc.gov/html/hhc/kchc/html/about/about.shtml>

Lutheran Medical Center - Sunset Park Family Health Center - Dept. of Dentistry

150 55th St.
Brooklyn, NY 11220
718-630-6875
<http://www.lutheranmedicalcenter.com/ServicesAndSpecialties/Dentistry/>

Maimonides Medical Center - Children's Dentistry - Pedodontics

4305 13th Ave.
Brooklyn, NY 11218
718-871-9111
http://www.maimonidesmed.org/Main/ClinicalServices/Dental_Oral_34.aspx

Manhattan Pediatric Dental Group

192 E. 75th St.
New York, NY 10021
212-570-2221
<http://www.smiles4kids.com>

New York City Human Resources Administration

http://www.nyc.gov/html/hia/html/resources/services_dental.shtml
This website contains free and low cost dental clinics in New York City

New York State Office for People with Developmental Disabilities

http://www.opwdd.ny.gov/opwdd_services_supports/oral_health/dentistry_locations
This website provides a comprehensive listing of dental clinics that work with persons who have disabilities.

NYU Dental Clinic

345 E. 24th St., at 1st Ave.
New York, NY 10010
212-998-9800, Children's Services
212-998-9652, Mobile Dental Van
<http://www.nyu.edu/dental/patientinfo/>

Professional Service Center for the Handicapped Habilitation Clinic

25-34 Steinway St.
Astoria, NY 11101
718-777-5243
http://www.psych.org/programs_services/clinical_services/article_16

Queens Hospital Center - Dental Clinic

82-68 164th St.
Jamaica, NY 11432
718-883-3270,
718-883-3271, Emergency
<http://www.nyc.gov/html/hhc/qhc/html/home/home.shtml>

Rose F. Kennedy Dental Clinic - Jacobi Hospital

1410 Pelham Parkway South
Bronx, NY 10461
718-430-8528

Dental Services

http://www.jacobidental.org/anes/anes_rfkcenter.html

St. Barnabas Hospital - Dental Clinic
183rd St. and Third Ave.
Bronx, NY 10457
718-960-6628

**Staten Island University Hospital
North Site**
475 Seaview Ave
Staten Island, NY 10305
718-226-9080

**Steven and Alexandra Cohen
Children's Medical Center of New York**
270-05 76th Ave.
New Hyde Park, NY 11040
718-470-3111
<http://www.northshoreli.com/ccmcny/ccmcny-our-services/ccmcny-dental>

United Cerebral Palsy Association
330 West 34th Street
New York, NY 10001
(212) 947-5770
<http://www.cpopnys.org/Metro/ContactUs.aspx>

Jerome Belson Clinic
245 E. 149 St.
Bronx, NY 10451
718-665-7565

Koicheff Clinic
2324 Forest Ave.
Staten Island, NY 10303
718-447-0200, ext. 212

Manhattan Dental Clinic
75 Morton St.
New York, NY 10014
212-229-3164, 3165 (Fax)

**United Cerebral Palsy of NYC, Inc.
Dental Services**
122 E. 23rd St. 2nd Fl.
New York, NY 10010
212-677-7400, ext. 210

Visident
214-41 42nd St.
Bayside, NY 11361
718-357-8797, Dr. William Stone
www.visident.com
Dentist makes house calls.

YAI-Seeing Beyond Disability
406 10th Ave., 9th Fl. (bet. 33-34th St.)
New York, NY 10001
212-273-6182 (new patients)
212-273-6515, Dental Clinic
<http://www.yai.org>

Early Childhood Direction Centers NYC

The **Early Childhood Direction Centers (ECDC)**, funded by the New York State Education Department, provide free confidential information, training and referral for families and professionals about services for young children with diagnosed or suspected special needs. In New York City there is an Early Childhood Direction Center in each borough. Children of families referred to the ECDC should reside in the borough and be between birth and five years of age.

Bronx

Ana Cecilia Hernandez, Director
Early Childhood Direction Center
AHRC New York City
2488 Grand Concourse
Room 405
Bronx, NY 10458
Phone: (718) 584-0658
Fax: (718) 584-0859
E-mail: ecdcbronx@yahoo.com
Website: <http://www.ahrcnyc.org/services/services-by-type/bronxearlychildhood.html>

Brooklyn

Karen Samet, Director
Early Childhood Direction Center
UCP of NYC, Inc.
SHARE Center
160 Lawrence Avenue
Brooklyn, NY 11230
Phone: (718) 437-3794
Fax: (718) 907-3195
E-mail: ksamet@ucpnyc.org
Website: <http://www.ucpnyc.org/info/agency/youthbrooklyn.cfm>

Manhattan

Marilyn Rubinstein, M.S.
Director
Early Childhood Direction Center
New York Presbyterian Hospital
409 East 60th Street, Suite 3-312
New York, New York 10022
212-746-6175
E-mail: mrubinst@nyp.org
<http://nyp.org/ecdc>

Queens

Catherine Warkala, Director
Early Childhood Direction Center
Queens Center for Progress
82-25 164th Street
Jamaica, NY 11432
Phone: (718) 374-0002 Ext. 465
Fax: (718) 969-9149
E-mail: cwarkala@queenscp.org
Website: <http://ecdc-queens.webs.com>

Staten Island

Laura Kennedy, Director
Early Childhood Direction Center
Staten Island University Hospital
242 Mason Avenue, 1st Floor
Staten Island, NY 10305
Phone: (718) 226-6670
Fax: (718) 226-6385
E-mail: lkennedy@siuh.edu
Website: <http://www.siuh.edu/childhood.html>

Services for Parents of Children with Emotional and Behavioral Disabilities

Parents of children with emotional disabilities need support and services. These are some special programs that can help relieve some of the stresses.

Mental Health Association of New York City (MHA)

212-964-5253. The Mental Health Association runs the following support service program:

1-800-LIFENET for mental health referrals and to activate a **Mobile Crisis Team** for your area.

Asian LifeNet 1-877-990-8585

Spanish Lifenet 1-877-298-3373

***Family Resource Centers:** Support and advocacy centers for caregivers of children with emotional disabilities. Many of them conduct parent training, support groups and socialization for the children and teens.*

Bronx Zone 1 - MHA of NYC

975 Kelly Street, Suite 301
Bronx, NY 10459

Program Director: Wanda Greene
Phone: 718-220-0456, Ext. 6126
FAX: 718-364-3357
Email: wgreene@mhaofnyc.org

Bronx Zone 2 - MHA of NYC

975 Kelly Street, Suite 301
Bronx, NY 10459

Program Director: Yvette Pena
Phone: 718-220-0456, Ext. 6124
FAX: 718-364-3357
Email: ypena@mhaofnyc.org

Manhattan Zone 3 - MHA of NYC

1 W. 125th Street, 2nd Floor
New York, NY 10027

Program Director: Olga Vazquez
Phone: 212-410-1820
FAX: 212-410-1759
Email: ovazquez@mhaofnyc.org

Manhattan Zone 4 – MHA of NYC

50 Broadway, 19th Floor
New York, NY 10004

Program Director: Janet Rosa
Phone: 212-964-5253, Ext. 353
Fax: 212-964-7302
Email: jrosa@mhaofnyc.org

Queens Zone 5 - MHA of NYC

87-08 Justice Ave Suite C-14
Justice Avenue, Elmhurst, NY 11373

Program Director: Lorraine Jacobs
Phone: 718- 651-1960
FAX: 718-651-1719
Email: ljacobs@mhaofnyc.org

Queens Zone 6 - St. John Episcopal

148-45 Hillside Avenue, Suite 203
Jamaica, NY 11435

Program Director: Kathy Gardini
Phone: 347-644-5711
FAX: 347-644-5635
Email: kgardini@ehs.org

Brooklyn Zone 7 – ICL

2581 Atlantic Ave. – 2nd Floor
Brooklyn, NY 11207

Program Director: Terri Johnson
Phone: 718-290-8100, Ext. 4145
FAX: 718-495-8298
Email: tjohnson@iclinc.net

Brooklyn Zone 8 – JCCA

858 E. 29th Street
Brooklyn, NY 11210

Program Director: Denise Stephenson
Phone: 347-394-5186
FAX: 718-859-4013
Email: stephensonD@jccanyc.org

Staten Island Zone 9 - Jewish Board of Family & Children Services

2795 Richmond Ave

Staten Island, NY 10314
Program Director: Deborah Miller
Phone: 718-698-5307, Ext. 283
FAX: 718-370-1142
Email: dmiller@jbfcs.org

NYC Department of Health & Mental Hygiene Children's Single Point of Access (C-SPOA)

1-888-277-6258 for Intensive Case Management and Medicaid Waiver for children with severe emotional disabilities. It is always best for the child's mental health professional to call in the referral.

Family Support

NAMI – NYC: Support groups in each borough for parents of children with emotional disabilities as well as for adults who have emotional disabilities.
505 Eighth Avenue, Suite 1103
New York, NY 10018
Program Director: Mary Lee Gupta
Phone: 212-684-3365, Ext. 204
Email: volunteer@naminyc.org

Crisis & Planned Respite Program

SCO Family Of Services

The Crisis and Planned Respite Program is a service designed to meet the needs of children with emotional disabilities, both male and female. The goal of the program is to help families by providing them with a "SAFE HAVEN" in order to create for them the time and space free of turmoil required to resolve their difficulties and prevent the need for more restrictive interventions. The Crisis and Planned Respite Program utilizes the services of respite parents who agree to provide caring, loving and supportive homes on a short-term basis for children

during times of crisis. Each out of home stay will average from 1—14 days, and 21 upon exceptions. Homes available in the Bronx, Queens and Brooklyn with one bed available in an all male community residence in Queens.

Eligibility Criteria

Child must be between the ages of 5-17.9 years of age and must have an AXIS I diagnosis . Must not be in need of immediate hospitalization

For more information contact:

Joanne Murphy, Program Director
917-696-8283 (cell) or
Holly Brickey, Program Coordinator
516-398-0343 (cell) 718-297-5032 (office)

Strategy: Contact your insurance company to get a referral to an in-network child psychologist or psychiatrist so the service will be affordable. If you don't have health insurance, you can contact Child Health Plus or use the Health and Hospitals Corporation (HHC) network of providers for low cost mental health services. (see section on Health Care)

Family Reimbursement

Families of children with developmental disabilities can apply to these programs in order to be reimbursed for goods and services that benefit their child with a developmental disability. There is no guarantee you will be granted the funds, but you have nothing to lose by applying! Amounts granted usually don't exceed \$500 per year.

Contact the programs serving your borough:

Bx: Bronx, Bk: Brooklyn, M: Manhattan, Q: Queens, SI: Staten Island

A Very Special Place, Inc.
634 New Dorp Lane
Staten Island, NY 10306
718-351-6129 ext. 326
www.veryspecialplace.org
SI

Association for Neurologically Impaired Brain Injured Children, Inc. (ANIBIC)
61-35 220th Street
Bayside, NY 11364
718-423-9550 ext. 2147
347-594-2147
www.anibic.org
Q

Association for the Help of Retarded Children (AHRC)
83 Maiden Lane
New York, NY 10038
212-780-4491, 4493
212-895-3424
www.ahrcnyc.org
Bx, Bk, M, Q, and SI

Brooklyn Developmental Disabilities Services Office
888 Fountain Avenue,
Bldg. 1
Brooklyn, NY 11208
718-642-8665, 8788,
8000

http://www.opwdd.ny.gov/ws/ws_brooklyn_resources.jsp
Bk

Center for Family Support, Inc.
333 Seventh Avenue, 9th Fl.
New York, NY 10001
212-629-7939, ext. 212,
718-667-4263 ext. 112
www.cfsny.org
Bk, M, Q, SI

Community Resource Services for Children, Inc.
90-04 161st Street, Suite 801
Jamaica, NY 11432
718-206-3400 ext. 208
(Reimbursement for transportation only)
M, Q

EIHAB Human Services
168-18 South Conduit Avenue
Springfield Gardens, NY 11434
718-276-6101 ext. 115
www.eihab.org
(Reimbursement for transportation only)
Bk, Q

Elmy's Special Services Inc.
163 Van Buren Street
Brooklyn, NY 11221
718-789-7539
www.elmysspecialservice.org
Bk, Q

Epilepsy Foundation of Metropolitan New York
257 Park Avenue South,
Ste. 302
New York, NY 10010
212-677-8550 ext. 12
www.epilepsyinstitute.org
Bx, M, SI

Esperanza Center
516 West 181st Street, 2nd Floor
New York, NY 10033
212-928-5810 x111
(family reimbursement)
212-928-5810 x102
(transportation reimbursement)
www.esperanzany.org
M

Evelyn Douglin S.P.I.N. (Serving People In Need)
241 37th Street, Ste. 604
Brooklyn, NY 11232
718-965-1998, ext. 182
www.edcspin.org
Bk, Q

Family Reimbursement

FEGS - Family Support

315 Hudson Street, 9th
Floor
New York, NY 10013
212-366-8400
www.fegs.org
2432 Grand Concourse,
2nd Fl.
Bronx, NY 10458
718-741-7231,
718-563-7390
Bx

General Human Outreach (GHO)

125-10 Queens Blvd. Ste.
2705
Kew Gardens, NY 11415
718-307-6563,
718-849-1527 ext. 12,
718-261-6552
www.ghoinc.org
Q

Guild for Exceptional Children

260 68th Street
Brooklyn, NY 11220
www.gecbklyn.org
718-833-6633
(Reimbursement for
respite/childcare)
Bk

Hamaspik of Kings County

69 South 9th Street
Brooklyn, NY 11211
718-387-8400 ext. 180
www.hamaspikings.org
Bk

Harlem Dowling Westside

2090 Adam Clayton
Powell Jr. Boulevard, 4th
Floor
New York, NY 10027
212-749-3656 ext. 3121
www.harlemdowling.org
M

HeartShare Human Services of NY

12 Metrotech Center, 29th
Floor
Brooklyn, NY 11201
718-422-3290, 2209
www.heartshare.org
Bk, Q

Human Care Services for Families and Children

1042 38th Street
Brooklyn, NY 11219
718-854-2747 ext. 103
Bk

Human First

128 Atlantic Avenue
Lynbrook, NY 11563
516-823-9500,
718-531-6300
Bk, M, Q, and SI

Independence Residences, Inc.

93-22 Jamaica Avenue,
2nd Fl
Woodhaven, NY 11421
718-805-6796 ext. 113
www.in-res.org
Q

Lifespire

350 5th Avenue Ste. 301
New York, NY 10118
212-741-0100 ext. 4518
718-454-6940,
718-792-4320 ext. 229
www.lifespire.org
Bx, Bk, M, Q, and SI

Maidstone Foundation Resource Center for Developmental Disabilities

1225 Broadway, 9th Fl.
New York, NY 10001
212-889-5760,
646-285-0538 (FAX)
[www.maidstonefdn.org/
disabilityresources.html](http://www.maidstonefdn.org/disabilityresources.html)
Bk, Q

Metro NY DDSO - Bronx

2400 Halsey Street
Bronx, NY 10461
718-430-0748
[http://www.opwdd.ny.gov/
ws/
ws_metro_resources.jsp](http://www.opwdd.ny.gov/ws/ws_metro_resources.jsp)
Bx

Metro NY DDSO – Manhattan

75 Morton Street, 3rd Fl.
New York, NY 10014
212-229-3118
[http://www.opwdd.ny.gov/
ws/
ws_metro_resources.jsp](http://www.opwdd.ny.gov/ws/ws_metro_resources.jsp)
M

New York Families for Autistic Children

95-16 Pitkin Avenue
Ozone Park, NY 11417
718-641-3441 ext. 104
www.nyfac.org Bk, Q

Family Reimbursement

Families of children with developmental disabilities can apply to these programs in order to be reimbursed for goods and services that benefit their child with a developmental disability. There is no guarantee you will be granted the funds, but you have nothing to lose by applying! Amounts granted usually don't exceed \$500 per year.

Contact the programs serving your borough:

Bx: Bronx, **Bk:** Brooklyn, **M:** Manhattan, **Q:** Queens, **SI:** Staten Island

NYS Institute on Disability
Elizabeth A. Connelly Resource Center
930 Willowbrook Road,
Bldg 41-A.
Staten Island, NY 10314
718-494-6457
Bx, BK, M, SI

Ohel Bais Ezra
4510 16th Avenue
Brooklyn, NY 11204
www.ohelfamily.org
718-686-3467
BK
Providing Specialized Care and Health (PSCH)
30-50 Whitestone Expressway
Flushing, NY 11354
347-542-5642, 5644
www.psch.org
Q

Quality of Life and Services for the Autism Community (QSAC)
30-10 38th Street, 3rd Floor
Astoria, NY 11103
718-728-8476 ext. 1233
www.qsac.com
Bk, Q

Queens Centers for Progress (formerly UCP of Queens)
82-15 164th Street
Jamaica, NY 11432
718-380-3000, ext. 294
718-374-0002
www.queenscp.org
Q

Queens Developmental Disabilities Services Office
Bernard Fineson Developmental Center
80-45 Winchester Boulevard
Queens Village, NY 11427
718-217-4242, 6179, 6485
http://www.opwdd.ny.gov/ws/ws_fineson.jsp
Q

Queens Parent Resource Center
112-40 Francis Lewis Boulevard
Queens Village, NY 11429
718-736-8690 ext. 111
www.qprc.net
Q

SCO Family of Services
164 3rd Avenue, 3rd Floor
Brentwood, NY 11717
631-273-2773 ext. 200
www.sco.org
M (camp funding only)

Services for the Underserved
305 Seventh Avenue,
10th Floor
New York, NY 10001
212-633-6900 ext. 1676
www.susinc.org
Q

Sinergia, Inc.
2082 Lexington Avenue
New York, NY 10035
212-643-2840 ext. 338
www.sinergiany.org
Bx, Bk

Staten Island Developmental Disabilities Services Office
930 Willowbrook Road
Staten Island, NY 10314
718-982-1903
http://www.opwdd.ny.gov/ws/ws_statenisland_resources.jsp
SI

Stepping Stone Day School
77-40 Vleigh Place
Kew Gardens, NY 11367
718-591-9093 ext. 331
www.steppingstonedaychool.com
Q

Family Reimbursement

**UCP of NYC - Family
Reimbursement**
120 E. 23rd Street
New York, NY 10010
212-677-7400 ext. 716
www.ucpnyc.org
Bk, Bx, M, SI

**YAI/National Institute for
People with Disabilities**
460 W. 34th Street
New York, NY 10001
212-273-6182,
212-273-6585 (All
boroughs)
718-793-2182 ext. 202
(Q)
www.yai.org

Sources of Free and Low Cost Food

City Harvest

6 E. 32nd Street, 5th Floor
New York, New York 10016
646-412-0600, 866-888-8877 (**Hunger Hotline**)
www.cityharvest.org

Donates food to pantries, shelters and other organizations feeding hungry New Yorkers. Their Food hotline can link families with food donation programs.

Food Bank for NYC

39 Broadway
New York, New York 10006
212-566-7855
www.foodbanknyc.org/

Find sources of food and nutrition such as pantries and soup kitchens.

Project Hospitality

If you are in Staten Island, New York, and you need help, please contact the following programs run by Project Hospitality:

Need food?

Please contact Project Hospitality's Community Services Center, which is located at 514 Bay Street, at (718) 815-0800. [CLICK HERE](#) for a list of emergency food resources on Staten Island.

Need a place to spend the night?

Please contact the Drop-In Center, located at 25 Central Avenue, at (718) 720-0079, ext. 10.

Need help managing HIV/AIDS?

Please contact the SHINE Center at (718) 876-7716.

Need HIV/AIDS housing?

Please contact (718) 448-1544.

Need help with recovery from alcohol or drug addiction?

Please contact our Recovery Center at (718) 273-0850.

www.projecthospitality.org

St. John's Bread & Life Program

795 Lexington Ave
Brooklyn, NY 11221
718-574-0058
www.breadandlife.org

Social services and benefits advocacy.

Supplemental Nutrition Assistance Program-SNAP (Used to be called Food Stamps)

http://www.nyc.gov/html/hra/html/directory/food_stamp_centers.shtml

Information about your closest center to apply for this income based food funding program.

Women Infants and Children's Program (WIC)

1-800-522-5006

http://www.health.ny.gov/prevention/nutrition/wic/local_agencies.htm

Supplemental nutrition for children under 5 who are at risk.

WIC Screening Tool: <https://stars.fns.usda.gov/wps/pages/start.isf>

The Food and Nutrition Service has a web-based calculator to determine eligibility for WIC.

Free Medical Equipment and Treatment

Equipment

Children's Electronic Hand Assistance Project

32975 8 Mile Road
Livonia, Michigan 48152
866-696-2767

www.myoelectricprosthesis.com

Runs the HELP Fund that helps children who are appropriate candidates for electronic prosthetics, but are not covered by health insurance.

Darrell Gwynn Foundation

4850 SW 52nd Street
Davie, Florida 33314
954-792-7223

www.darrellgwynnfoundation.org

Wheelchair donation program

Deborah Heart and Lung Center

200 Trenton Road
Browns Mills, New Jersey 08015
800-555-1990, 609-735-2923

www.deborah.org

Free treatment for pulmonary and cardiac problems on a case by case basis.

Disabled Children's Relief Fund

P.O. Box 89
Freeport, New York 11520
516-377-1605

www.dcrf.com

Assistive devices/equipment and rehabilitative services.

First Hand Foundation

2800 Rockcreek Parkway
Kansas City, Missouri 64117
816-201-1569

www.firsthandfoundation.org

This charity will consider funding medical costs and equipment.

Miracle Ear Children's Foundation

1-800-234-5422

Sears Hearing Aid Center
1701 Sunrise Highway
Bay Shore, New York 11706 (Closest center to NYC)

www.miracle-ear.com

Hearing aids

National Amputation Foundation

40 Church Street
Malverne, New York 11565
516-887-3600

www.nationalamputation.org

Free equipment such as crutches, shower chairs, wheelchairs, walkers, canes and shoes for anyone in need. Also provides information and support nationwide.

New Eyes for the Needy

549 Millburn Avenue
P.O. Box 332
Short Hills, New Jersey 07078
973-376-4903

www.neweyesfortheneedy.org

Eyeglasses

Rainbows Hope, Inc.

718-317-9078
Equipment donations, Staten Island only

Treatment

Gift of Life, Inc.

516-504-0830
www.giftoflifeinc.com/

Cardiac surgery made available to those who have no other means of paying. Accepts overseas children through rotary clubs.

Healing the Children. N.E.

219 Kent Road, Suite 20
P.O. Box 129
New Milford, Connecticut 06776
860-355-1828 (covers NYC)
www.htcne.org

Makes arrangements to provide medical treatment for children who have no other means of medical funding.

New York City Health and Hospitals Corporation

125 Worth Street
New York, New York 10013
212-788-3339
www.nyc.gov/hhc

Low-cost health care provided by a network of participating hospitals throughout New York City. Your documentation status in the country does not matter.

National Organization for Rare Disorders (NORD)

55 Kenosia Avenue
Danbury, Connecticut 06810
1-800-999-6673, 201-744-0100
www.rarediseases.org
NORD's patient assistance program funds life saving or sustaining medications that families otherwise couldn't afford as well as helping to fund insurance premiums, cop-pays, transportation to specialists for diagnostic testing for rare disorders.

NeedyMeds. Inc.

PO Box 219
Gloucester, Massachusetts 01931
1-800-503-6897
www.needymeds.org
This organization houses a database of programs that can help families find free and affordable medication.

Operation Smile. Inc.

6435 Tidewater Drive
Norfolk, Virginia 23509
888-677-6453, 757-321-7645
www.operationssmile.org
For children with craniofacial abnormalities

Pharmaceutical Manufacturers Association

Free Medications

888-477-2669
www.pparx.org
Free medication

Shriners Hospitals for Children

200 Rocky Point Drive
Tampa, Florida 33607
1-800-237-5055
www.shrinershq.org
Free treatment for children, birth-18, with burns or orthopedic impairments. They will link you with the closest participating hospital.

St. Jude Children's Research Hospital

262 Danny Thomas Place
Memphis, Tennessee 38105
866-278-5833, 888-226-4343,
901-495-3300
www.stjude.org
Cancer treatment for children birth - 18 years of age who are newly diagnosed.

Strategy! Search under the term "**Fraternal Organizations**". Some examples are: Lions Clubs, Elks Clubs, Knights of Columbus, Knights of Pythias, Kiwanis Clubs, Rotary Clubs. Try to find one in your borough. Sometimes they will help pay for needed services or equipment.

Health and Medical

These are sources of low cost and free health care and medical services.

Big Apple Rx: 1-800-697-6974
www.bigapplerox.com Discount prescription program where you can save an average of 47% on prescriptions. You can download the free membership card online.

Child Health Plus: 1-800-698-4543
www.health.state.ny.us/nysdoh/chplus Free or low cost health insurance for children birth-19. You can be an undocumented resident or working poor.

EHDI PALS

Web-based link to information, resources and services for children with hearing loss as well as facilities that will provide audiological screenings for children under 5.

http://www.ehdi-pals.org/SmartTool/EP_SMT_ProviderLocator.aspx

Family Health Plus: 877-934-7587,
www.health.ny.gov/health_care/family_health_plus/
Low cost health insurance for NYS residents 19-64.

Medicaid Information: 1-877-472-8411
Federal health care for low income families.

Medicaid Waiver: The parent's income might be waived to give Medicaid funded services to children with various disabilities. Once you get Medicaid Waiver, Medicaid is used to pay for services that it usually does not fund such as: Community Habilitation-Someone to help the child in the home as well as in the community, Home Modification-making an apartment or home wheelchair accessible, Respite-temporary relief, Parent Training and several other services to make life easier.

Emotional Disabilities: 1-888-277-6258,
Children's Single Point of Access
Developmental Disabilities (People First Waiver): Contact your local DDRO in the OPWDD section
Health or Physical Disabilities (Care at Home): 212-896-5750
Children with Disabilities in Foster Care (Bridges to Health-B2H): (212) 676-7077

NYC Department of Health-Children with Special Health Care Needs Program: 347-396-4618 http://www.health.ny.gov/publications/0548/children_special_health_care_needs_including_phys_handi_children.htm
Assists families with the cost of medical care and equipment for children with disabilities who are uninsured or under insured.

NYC Health and Hospitals Corporation: 646-458-3769
www.nyc.gov/hhc
A network of hospitals and clinics providing free or low cost health care. You do not have to be a documented resident.

NYC Immunization Hotline-NYC Department of Health: 212-676-2323; 347-396-2400
www.nyc.gov/health Information on child vaccinations.

NYC Medicaid Choice Helpline: 1-800-505-5678 www.nyc.gov/html/doh/html/hca1.shtml Information about various health care plans under Medicaid and information about how to remove your child from a Medicaid Managed Care plan and get regular Medicaid

Housing Treasures

Finding appropriate housing in NYC and affording that housing is not always easy and often leads to tremendous stress. Hopefully these resources will help.

Help! I'm About to Be Evicted!!!

Is it a legal eviction? Only the City Marshall can evict you, not the landlord.

Were the eviction papers properly served to you? (The landlord must hand deliver it, post it on the premises, or send it certified mail to ensure the tenant receives it but is must be from the City Marshall)

If it is a legal eviction, did you go to housing court?: That is where you must go if it is a legal eviction to explain your side of the story. You must go within 5 business days after receiving a legal eviction to explain your side of the story (fill out an **Order To Show Cause**)

Why are you being evicted?: Didn't pay your rent? Landlord selling the building? Landlord wants to put his family in your apartment? Know your rights! Is this a **Non-Payment Eviction** (you have not pay the rent) or a **Holdover Eviction** (court action in which your landlord is demanding possession of the apartment and wants to evict you. A Holdover proceeding is brought against a tenant whether or not the tenant has paid rent).

Who can help me?

Legal Aid-If you are on public assistance and have a child you may be able to qualify for the Family Eviction Prevention Supplement. **Only if you have a pending non-payment eviction in housing court.** This program helps pay back rent and subsidize future rent.

Family Eviction Prevention Supplement (FEPS) Program to help pay your back rent and subsidize future rent. If you are on public assistance and have a child you may be able to qualify for the Family Eviction Prevention Supplement. **Only if you have a pending non-payment eviction in housing court.** This program helps pay back rent and subsidize future rent.

Upper Manhattan: 212-426-3000

Lower Manhattan: 212-577-3300

Bronx: 718-991-4758

Brooklyn: 718-722-3100

Queens: 718-286-2450

Staten Island: 718-273-6677

www.legal-aid.org

FEPS Providers:

<http://tools.coalitionforthehomeless.org/page/-/FEPS%20Providers%201%2013%20%2012.pdf>

HRA's One-Shot-Deal: You can apply in any of the job centers located throughout NYC to assist with back rent payments. For more information go to http://www.nyc.gov/html/hra/html/directory/job_centers.shtml or call 311 or the HRA's infoline at 718-577-1399

New York City Homebase Program. Homebase is a city-wide program designed to help families and individuals overcome immediate housing problems that could result in becoming homeless, and to develop a plan for long-term housing stability.

Call 311 and ask about the **Homebase Program** or go to :
www.nyc.gov/html/dhs/html/atrisk/homebase.shtml
<http://www.nyc.gov/html/dhs/html/prevention/homebase.shtml>

Homebase Locations:

BRONX

BronxWorks / 1130 Grand Concourse / (718) 508-3100
Catholic Charities 1 / 2155 Blackrock Avenue / (718) 414-1050
Catholic Charities 2 / 4377 Bronx Boulevard / (347) 947-3920
HELP 1 / 775 Crotona Park North / (718) 299-8473
HELP 2 / 1780 Grand Concourse / (347) 226-4540

BROOKLYN

CAMBA 1 / 1117 Eastern Parkway / (718) 622-7323
CAMBA 2 / 2211 Church Avenue / (718) 940-6311
Catholic Charities / 3060 Fulton Street / (929) 234-3032
Ridgewood Bushwick Senior Citizen's Council 1 – Bushwick / 90 Beaver Street / (718)366-4300
Ridgewood Bushwick Senior Citizen's Council 2 – Bushwick / 1475 Myrtle Avenue / (347) 295-3738
Ridgewood Bushwick Senior Citizen's Council 3 – Bushwick / 145 E 98th Street / (917)819-3200

MANHATTAN

Palladia / 2276 3rd Avenue / (917) 492-1019

QUEENS

Catholic Charities / 87-80 Merrick Blvd / (718) 674-1000

STATEN ISLAND

CAMBA 3 / 648 Bay Street / (718) 282-6473

Housing Court Answers: Contact them for a listing of charities that might agree to help pay back rent (rental arrears). 212-962-4795, 718-657-0599 (Queens).
Housing Court Answers (Formerly City-Wide Task Force on Housing Court)
125 Maiden Lane

New York, New York 10038
212-962-4795

www.cwtfhc.org

Provides referrals to charitable organizations for financial assistance with paying rent arrears. To receive assistance, cases must be in housing court and there must be a valid reason for falling behind on the rent. Your income must be sufficient to pay future rent. They also provide emergency eviction prevention counseling for housing court litigants without attorneys.

Homeless Family Advocacy Organizations:

Coalition for the Homeless

129 Fulton Street, 1st Floor
New York, New York 10038
212-776-2000, 212-964-5900
www.coalitionforthehomeless.org

Homes for the Homeless

50 Cooper Square, 4th Floor
New York, New York 10003
212-529-5252,
www.hfhny.org

Housing Court Answers: Call them or a listing of charities that might help pay back rent at: 212-962-4795, visit their website: www.cwtfhc.org

Housing Court Answers information tables are located throughout the five boroughs:

Brooklyn

141 Livingston Street
Brooklyn NY, 11201
Second Floor Clerk's Office – Room 202
Monday through Thursday, 9 am to 4:30 pm, Friday 9 am to 1 pm
(Maybe closed between 1pm and 2pm)

Bronx

1118 Grand Concourse at 166th Street
Bronx, NY 10451
Lobby opposite the Clerk's windows
Monday through Thursday, 9 am to 4:30 pm, Friday 9 am to 1 pm
(Maybe closed between 1pm and 2pm)

Queens

89-17 Sutphin Blvd.
Jamaica, NY 11435
Second Floor Hall - Monday through Friday, 9 am to 12 noon
First Floor, Room 159 – Monday through Friday 1 pm to 4:00 pm

Staten Island

927 Castleton Avenue
Staten Island, NY 10310

Lobby

Monday through Friday, 9 am to 12 noon

Harlem Community Justice Center
(serves zip codes 10035 and 10037)

170 East 121st Street

New York, NY 10035

Outside Room 308

Monday, Thursday and Friday, 9 am to 1 pm

Information for Families, Inc. Online Newsletter

332 Bleecker Street

New York, New York 10014

www.informationforfamilies.org

Legal Aid's Homeless Rights Project

199 Water Street

New York, New York 10038

1-800-649-9125

www.legal-aid.org

NYC.gov Homeless Online Information

[http://www.nyc.gov/apps/311/allServices.htm?](http://www.nyc.gov/apps/311/allServices.htm?requestType=levelTwo&levelOnId=37683836-06A7-11DE-AC9C-EF5AFBC474DE&levelTwoid=37683836-06A7-11DE-AC9C-EF5AFBC474DE-10&intentId=E9E66310-8137-11DE-8E9F-96DAE110FEB8)

[requestType=levelTwo&levelOnId=37683836-06A7-11DE-AC9C-](http://www.nyc.gov/apps/311/allServices.htm?requestType=levelTwo&levelOnId=37683836-06A7-11DE-AC9C-EF5AFBC474DE&levelTwoid=37683836-06A7-11DE-AC9C-EF5AFBC474DE-10&intentId=E9E66310-8137-11DE-8E9F-96DAE110FEB8)

[EF5AFBC474DE&levelTwoid=37683836-06A7-11DE-AC9C-](http://www.nyc.gov/apps/311/allServices.htm?requestType=levelTwo&levelOnId=37683836-06A7-11DE-AC9C-EF5AFBC474DE&levelTwoid=37683836-06A7-11DE-AC9C-EF5AFBC474DE-10&intentId=E9E66310-8137-11DE-8E9F-96DAE110FEB8)

[EF5AFBC474DE-10&intentId=E9E66310-8137-11DE-8E9F-96DAE110FEB8](http://www.nyc.gov/apps/311/allServices.htm?requestType=levelTwo&levelOnId=37683836-06A7-11DE-AC9C-EF5AFBC474DE&levelTwoid=37683836-06A7-11DE-AC9C-EF5AFBC474DE-10&intentId=E9E66310-8137-11DE-8E9F-96DAE110FEB8)

New Destiny Housing (for Victims of Domestic Violence)

www.newdestinyhousing.org

Partnership for the Homeless

305 7th Avenue, 13th Floor

New York, New York 10001

212-645-3444

www.partnershipforthehomeless.org

How Do I Get Into the Shelter System?**Intake for family shelters:**

Contact the NYC Department of Homeless Services, (212-361-8000, 1-800-994-6494) if you have questions about getting into the shelter system. They will tell you that you must apply for placement by going to:

Prevention Assistance and Temporary Housing (PATH) Office (for families with children under 21)

151 E. 151st Street

Bronx, NY 10451

Open 24 hours, 7 days a week

Single adults Intake Centers

Women: All single adult women must apply at one of the following locations:

HELP Women's Shelter

116 Williams Avenue (between Liberty Avenue and Glenmore Avenue)

Brooklyn, NY

How to Get There:

Subway: Take the C train to Liberty Avenue.

Franklin Shelter

1122 Franklin Avenue (near 166th Street)

Bronx, NY

Open 24 hours, 7 days a week including weekends and holidays.

Men: All single adult males must apply at:

30th Street Intake Center

400-430 East 30th Street

New York, NY

open 24 hours, 7 days a week including weekends and holidays.

Homeless individuals who have been in shelter in the last 12 months should return to the same shelter.

Adult Families (families without children)

Adult families without children who are applying for shelter must go in-person to the Adult Family Intake Center (AFIC) located in Manhattan. All members must be present when applying for shelter. The AFIC office is located at:

400 East 29th Street (1st Avenue)

(Located within the 30th Street Men's Shelter – entrance at E. 29th Street)

New York, NY 10016

(212) 481-4704

Open 24 hours, 7 days a week

Subway: #6 to 28th Street

Domestic Violence Victims

A DV survivor, families as well as singles, seeking emergency shelter may call the New York City Domestic Violence Hotline, operated by Safe Horizon, at 1-800-621-HOPE (4673) or 311.

NoVA domestic violence unit:

Call 311 or 917-521-3965

Senior citizens and people with disabilities DRIE/SCRIE

Disability Rent Increase Exemption (DRIE) Program or Senior Citizen Rent Increase Exemption (SCRIE) Program

This program can have their rent frozen so it cannot be increased.

Visit the SCRIE/DRIE walk-in office from 8:30am - 4:30pm at:

66 John Street, 3rd Floor

New York, NY 10038 or Contact 311

Special Needs Shelter

Barrier Free Living

Business Address:

270 E. 2nd Street

New York, New York 10009

212-677-6668

www.bflnyc.org

Runs a shelter for adults with disabilities as well as a program called Freedom House for women who are victims of domestic violence and have children with disabilities. Call them for an intake:

What if I Have Bed Bugs?

The New York City Department of Health and Mental Hygiene

311

Bed Bug Information site

http://www.nyc.gov/html/doh/bedbugs/html/info/owners_tenants.shtml

Little Sisters of the Assumption

333 E. 115th Street

New York, New York 10029

646-6672-7200 (main number), 646-672-5233, Ray Lopez (Bed Bug Program)

<http://www.littlesistersfamily.org/contact.php>

Assistance and education for families facing bed bug problems.

Strategy! If you need to stay in a hotel a couple of days while your apartment is being fumigated and you can't afford it, contact the Public Relations Departments of various hotels that have branches in your Borough. You might get a few free days! It is always best to have your Service Coordinator contact them on your behalf. There are also charities that might be willing to pay the hotel bill. Check the ssection of this Guide that lists various charities.

Help me get furniture now that I have my own place!

Furnish a Future

100 Pennsylvania Avenue, Floor 2

Brooklyn, New York 11207

718-875-0027

<http://partnershipforthehomeless.org/pages/contact-us/>

Furniture Distribution Program

NYCHA acquires and distributes gently used furniture items to residents in need. Priority is given to residents who have relocated from a homeless shelter, victims of domestic violence, and families impacted by disasters. Furniture distribution is available to NYCHA residents in all five boroughs. Please call us for more information:

Bronx: 718-409-8699

Brooklyn: 718-498-3243

Manhattan: 212-334-2543

Queens: 718-206-3286

Staten Island: 718-816-1521

<http://partnershipforthehomeless.org/pages/contact-us/>

Special Needs Housing Advocacy and Information

Benefits Plus Learning Center

105 E. 22nd Street

New York, New York 10010

212-614-5552

<http://www.cssny.org/programs/entry/center-for-benefits-and-services>

Counseling about public benefits and housing issues for families with and without children.

Center for Urban Community Services

198 E. 121st Street

New York, New York 10035

212-801-3300

www.cucs.org

Information about supportive housing for persons with emotional or psychiatric disabilities.

Housing Urban Development Corporation

Jacob K. Javitz Federal Building

26 Federal Plaza, Suite 3541

New York, New York 10278

212-264-0777, 212-264-8000

www.hud.gov

<http://www.hud.gov/apps/section8/step2.cfm?state=NY%2CNew+York>

Information about federally funded renovated buildings and apartments. Priority is often given to people over the age of 18 with disabilities.

Independent Living Centers: These advocacy and information centers often have housing advocates on staff: Bronx: 718-515-2800, Brooklyn: 718-998-3000, Harlem: 212-222-7122, Manhattan: 212-674-2300, Queens: 646-442-1520, Staten Island: 718-720-9016

NYC Housing Authority (The Projects)

Department of Equal Opportunity: 212-306-4652

<http://www.nyc.gov/html/nycha/html/community/equalopp.shtml>

Families with members who have disabilities and provide the appropriate medical documentation, might be given priority to get into public housing.

NYC Department of Housing Preservation and Development

100 Gold Street

New York, New York 10038

212-863-5610 (English), 212-863-5620 (Spanish)

www.nyc.gov/html/hpd/home.html

http://www.nyc.gov/html/housinginfo/html/homeownership/home_buying_opportunities.shtml

Sponsors an affordable housing rental and home purchase lottery. Parents with certain disabilities are often given priority.

NYHousingSearch.gov

1-877-428-8844

www.socialserve.com

Online database of affordable and accessible apartments and homes throughout New York State.

Sinergia

2082 Lexington Avenue

New York, New York 10035

212-643-2840 x 349 Yesenia Estrella, Housing Services Coordinator

www.sinergiany.org

This multi-service special needs organization has excellent housing advocates.

United Cerebral Palsy

80 Maiden Lane, 8th Floor

New York, New York 10038

1-877-827-2666

www.ucpnyc.org

Special needs housing assistance and referral.

Help Make My Home Accessible!

Neighborhood Housing Services

Bronx

North Bronx: 718-881-1180

South Bronx: 718-992-5979

Brooklyn

Bedford Stuyvesant: 718-919-2100

East Flatbush: 718-469-4679

Manhattan

NYC Central Services: 212-519-2500

Queens

North Queens: 718-457-1017

Citywide

NHS Home Ownership Center: 718-230-7610

www.nhsnyc.org

Home improvement loans.

NYC Mayor's Office for People with Disabilities: Project Open House

100 Gold Street, 2nd Floor

New York, New York 10038

<http://nyc.gov/html/mopd>

Helps income eligible people make their homes barrier free.

People First Medicaid Waiver: If you have a child with an intellectual disability and enroll in this waiver program, it might be possible for Medicaid to pay for environmental modifications. Contact your local Developmental Disability Service Office: Bronx: 718-430-0842, Brooklyn: 718-642-6000, Manhattan: 212- 229-3000, Queens: 718-217-4242, Staten Island: 718-982-1903 or your DISCO

Rebuilding Together

PO Box 3726

Grand Central Station

New York, New York 10163

1-800-473-4229, 212-362-1636

www.rebuildingtogether.org

This national organization provides free home rehabilitation. They give priority to seniors and families with members who have disabilities.

Help Me Pay for a Home!

Home of Your Own Program

New York State Office for People with Developmental Disabilities

44 Holland Avenue

Albany, New York 12229

518-473-1973

<http://www.opwdd.ny.gov>

Low interest mortgages for people with developmental or emotional disabilities or parents caring for children with those disabilities through the NYS Office for People with Developmental Disabilities (OPWDD).

Information and Referral Organizations

311

<http://www.nyc.gov/apps/311/homepage.htm>

New York City government information and services

Access NY

311

<https://a858-lhss.nyc.gov>

Search for 30 city, state and federal benefit and health programs.

Benefits Plus Learning Center

105 E. 22nd Street

New York, New York 10010

212-614-5552

<http://www.cssny.org/programs/entry/center-for-benefits-and-services>

Counseling about public benefits and housing issues.

<http://benefitsplus.cssny.org/benefit-tool/benefit-tools>

The Benefit Plus Learning Center's popular "Benefit Tools" is the solution for the advocate looking for quick links to many useful resources on public benefits and housing resources.

Center for Urban Community Services (CUCS)

198 E. 121st. Street

New York, New York 10035

<http://www.cucs.org>

New York City offers a range of housing, service and employment resources for people who are homeless and/or living with mental illness and other disabling conditions. But identifying these limited resources can be a daunting task.

To assist consumers and staff at other organizations in accessing these resources, CUCS' Housing Resource Center operates numerous referral and placement programs.

Developmental Disability Regional Offices (DDROs)

Region 4

Director: Donna Limiti (Works out of the Brooklyn Office)

718-430-0700 (Bronx)

718-642-6000 (Brooklyn)

212-229-3000 (Manhattan)

718-217-4242 (Queens)

718-983-5200 (Staten Island)

http://www.opwdd.ny.gov/opwdd_contacts/ddro/4

The local branches of the New York State Office for People with Developmental Disabilities. These offices can provide information about support services as well as how to enroll in the People First Medicaid Waiver program.

Early Childhood Direction Centers (ECDC), funded by the New York State Education Department, provide free confidential information, training and referral for families and professionals about services for young children with diagnosed or suspected special needs. In New York City there is an Early Childhood Direction Center in each borough. Children of families referred to the ECDC should reside in the borough and be between birth and five years of age.

Bronx

Ana Cecilia Hernandez, Director
Early Childhood Direction Center
AHRC New York City
2488 Grand Concourse
Room 405
Bronx, NY 10458
Phone: (718) 584-0658
Fax: (718) 584-0859
E-mail: ecdcbronx@yahoo.com
Website: <http://www.ahrcnyc.org/services/services-by-type/bronxearlychildhood.html>

Brooklyn

Karen Samet, Director
Early Childhood Direction Center
UCP of NYC, Inc.
SHARE Center
160 Lawrence Avenue
Brooklyn, NY 11230
Phone: (718) 437-3794
Fax: (718) 907-3195
E-mail: ksamet@ucpnyc.org
Website: <http://www.ucpnyc.org/info/agency/youthbrooklyn.cfm>

Manhattan

Marilyn Rubinstein, Director
Early Childhood Direction Center
New York Presbyterian Hospital
435 East 70th Street, Suite 2A
New York, NY 10021
Phone: (212) 746-6175
Fax: (212) 746-8895
E-mail: mrubinst@nyp.org
Website: <http://nyp.org/ecdc/>

Queens

Catherine Warkala, Director
Early Childhood Direction Center
Queens Center for Progress

82-25 164th Street
Jamaica, NY 11432
Phone: (718) 374-0002 Ext. 465
Fax: (718) 969-9149
E-mail: cwarkala@queenscp.org
Website: <http://ecdc-queens.webs.com>

Staten Island

Laura Kennedy, Director
Early Childhood Direction Center
Staten Island University Hospital
242 Mason Avenue, 1st Floor
Staten Island, NY 10305
Phone: (718) 226-6670
Fax: (718) 226-6385
E-mail: lkennedy@siuh.edu
Website: <http://www.siuh.edu/childhood.html>

Food and Hunger Hotline

1-866-888-8777
http://www.nyc.gov/html/hra/downloads/pdf/EFAP_060308.pdf
Information and referral to soup kitchens, pantries and other sources of food.

Health Information Tool for Empowerment (HITE)

1-866-370-HITE (4483)
www.hitesite.org
Access many of NYC's support programs for all residents including benefits, medical, social services.

Information for Families, Inc. Online Newsletter

332 Bleecker Street
New York, New York 10014
www.informationforfamilies.org
Online newsletter with many referrals to services for homeless families.

Lawhelp.org/NY

This website links you with free legal clinic in your area
www.lawhelp.org/ny

Lifenet

English: 1-800-LIFENET (1-800-543-3638)
Spanish: 1-877-AYÚDESE (1-877-298-3373)
Mandarin: Asian LifeNet (1-877-990-8585)
<http://newyorkcity.ny.networkofcare.org/mh/index.aspx>
The NYC Mental Health Association's mental health information and referral as well as crisis intervention line.

Mayor's Office for People with Disabilities (MOPD)

311 and then ask to be transferred

<http://www.nyc.gov/html/mopd/html/home/home.shtml>

The Mayor's Office for People with Disabilities works hand-in-hand with other City agencies to assure that City policies address the needs of people with disabilities. They have developed a number of informative brochures and directories that detail programs, services, activities, and other resources that are accessible to people with disabilities.

Mental Health Association of New York City

Online database of information and referral programs:

<http://newyorkcity.ny.networkofcare.org/mh/services/subcategory.aspx?tax=TJ-3000>

New York City Child Care Resource & Referral Consortium

1-888-469-5999

<http://www.nycchildcareconsortium.org>

The New York City Child Care Resource & Referral Consortium includes five organizations that are committed to promoting and supporting high quality, culturally competent early care and education services. They serve the needs of families, early care professionals, and the community-at-large by providing consultations, referrals, training, and technical assistance.

New York City Human Resources Administration (HRA)

311

www.nyc.gov/html/hia/html/resources/community.shtml

Information about city health care programs, public assistance and other social services

NYC Health Insurance Link: <https://a069-webapps7.nyc.gov/healthinslink/home.aspx>

NYC/HRA's web-based tool that allows individuals, families and businesses to search for cost-free or low-cost health insurance plans and resources.

Child Support: http://www.nyc.gov/html/hra/html/directory/child_support_calculator.shtml

NYC/HRA's web-based calculator that estimates the amount of child support to be paid by the non-custodial parent based on his/her annual income.

Medicaid Information

http://www.nyc.gov/html/hra/html/directory/medicaid_offices.shtml

Information about where to apply for Medicaid, federal health insurance for low income families.

Project FAIR

Project FAIR

c/o The Legal Aid Society

111 Livingston Street, 7th floor

Brooklyn, NY 11201

718-422 – 2752

<http://www.projectfair.org/services/legal-help-desk/>

Project FAIR empowers individuals and communities by increasing access to information about public benefits programs, rights in the administrative fair hearing process, and, services throughout the City by helping individuals secure quality fair hearing representation and assistance for cash assistance, food stamp, and Medicaid applicants and recipients; and, by serving as a resource for organizations working with low-income and homeless New Yorkers.

Resources for Children with Special Needs, Inc.

116 E. 16th Street, 5th Floor
New York, New York 10003
212-677-4650

www.resourcesnyc.org

Information and referral to programs and services for parents of children with disabilities birth to 26.

Single Stop USA

212-480-2870

<http://www.singlestopusa.org/Locations/Northeast/NewYork.shtml>

Benefits counseling in NYC with many locations

WomensLaw.org

[http://www.womenslaw.org/gethelp_state_type.php?](http://www.womenslaw.org/gethelp_state_type.php?type_id=1886&state_code=NY)

[type_id=1886&state_code=NY](http://www.womenslaw.org/gethelp_state_type.php?type_id=1886&state_code=NY)

WomensLaw.org website was launched to provide state-specific legal information and resources for survivors of domestic violence. In 2002, WomensLaw.org added a confidential Email Legal Hotline to offer direct support to survivors, their advocates, friends and family members. To reach those who are less likely to find help online, WomensLaw.org created the Latina Outreach Project in 2008 and began offering "know your rights" workshops in partnership with New York City community-based organizations. Today, more than 880,000 unique users visit the website annually, and WomensLaw.org provides referrals and information to more than 5,000 individuals through the Email Hotline and community workshops.

YAI Seeing Beyond Disability

460 W. 34th Street
New York, New York 10001

YAI-LINK

1-866-2-YAI-LINK, 212-273-6182

information and referral service that provides the latest information on programs that make a difference in the lives of people with disabilities and their families. Their knowledgeable and professional *LINK* representatives understand the needs of people with developmental disabilities and their families and can help you find the right service for the goals you have in mind.

Youth Connect-New York City Department of Youth and Community Development

156 William Street, 6th Floor

New York, New York 10038

1-800-246-4646

DYCD Youth Connect is a free and confidential information service that connects youth to jobs, after school programs and training opportunities.

Laws that Protect the Rights of People with Disabilities and Their Families

The Americans with Disabilities Act

Children and adults with disabilities have a right to be given reasonable accommodations in public and private programs that do not have a religious affiliation. from this law. \$55,000 fine if you file a lawsuit with the U.S. Department of Justice, Office of Civil Rights and win your case.

The only valid reason a program can deny your family member access is if they can prove it would be an undo financial hardship, it would fundamentally change the nature of the program or even with accommodations, including your family member would be a dangerous situation. Nobody has a crystal ball and get tell you in advance that your child is a danger!

If you need more information or want to register a complaint:

ADA Act Information Line -U.S. Department of Justice: 1-800-514-0301,
1-800-514-0383 (TDD) www.ada.gov/infoline.htm

New York City Commission on Human Rights

40 Rector St., 10th Floor, New York, NY 10006

212-306-7500, 7450

<http://www.nyc.gov/html/cchr/home.html>

New York Lawyers for the Public Interest: 212-244-4664,

151 West 30th Street, 11th Floor, New York, New York 10001

www.nylpi.org

New York State Commission on Quality of Care and Advocacy for Persons with Disabilities

1 Empire State Plaza, Ste. 1001, Albany, NY 12223

1-800-624-4143

<http://cqc.ny.gov>

New York State Division of Human Rights

1-888-392-3644: **Discrimination Hotline**

Bronx: 718-741-8400, **Brooklyn:** 718-722-2385, **Manhattan:** 212-961-8650

www.dhr.ny.gov/index.html

Individuals with Disability Act – IDEA

The Individuals with Disabilities Education Act (IDEA) is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to more than 6.5 million eligible infants, toddlers, children and youth with disabilities.

- Infants and toddlers with disabilities (birth-2) and their families receive early intervention services under **IDEA Part C**. The New York State Department of Health has statewide oversight responsibilities for Early Intervention: http://www.health.ny.gov/community/infants_children/early_intervention
The New York City Department of Health and Mental Hygiene is the city agency with the responsibility for Early Intervention: <http://www.nyc.gov/html/doh/pregnancy/html/after/parents.shtml>
- Children and youth (ages 3-21) receive special education and related services under **IDEA Part B**. The New York State Department of Education has statewide oversight responsibilities for Part B (CPSE and school-age special services): <http://www.p12.nysed.gov/specialed/>
The New York City Department of Education is the city agency with the responsibility for CPSE and Special Education services: <http://schools.nyc.gov/Academics/SpecialEducation/default.htm>

The Rehabilitation Act of 1973: Section 504

"No otherwise qualified handicapped individual in the U.S. ...shall solely by reason of his handicap be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any program receiving federal financial assistance..."

If you need more information or want to register a complaint:

New York City Commission on Human Rights

40 Rector St., 10th Floor, New York, NY 10006

212-306-7500, 7450

<http://www.nyc.gov/html/cchr/home.html>

New York Lawyers for the Public Interest

151 W. 30th St., 11th Floor, New York, NY 10001

Phone: 212-244-4664

Fax: 212-244-4570; TDD: 212-244-3692

www.nylpi.org

New York State Human Rights Law

This NYS law protects people from discrimination because of race, creed, color, national origin, sexual orientation, military status, sex, age, marital status, domestic violence victim status, disability, predisposing genetic characteristics or prior arrest or conviction record, or if you believe you have been retaliated against for opposing unlawful discriminatory practices, you may be able to file a complaint with the State Division of Human Rights. The New York State Human Rights Law forbids discrimination in employment, apprenticeship and training; purchase and rental of housing and commercial space; places of public accommodation, resort and amusement; non-sectarian; tax-exempt educational institutions; and all credit transactions.

If you need more information or want to register a complaint::

New York State Division on Human Rights

1-888-392-3644: **Discrimination Hotline**

Bronx: 718-741-8400, **Brooklyn:** 718-722-2385, **Manhattan:** 212-961-8650

www.dhr.ny.gov/index.html

The New York City Human Rights Law

This law similar to the NYS Human Rights Law and covers discrimination issues pertaining to places of public accommodation.

If you need more information or want to register a complaint:

New York City Commission on Human Rights

40 Rector St., 10th Floor, New York, NY 10006

212-306-7500, 7450

www.nyc.gov/cchr

New York Lawyers for the Public Interest (NYLPI)

151 W. 30th St., 11th Floor, New York, NY 10001

212-244-4664; 212-244-3692 TDD; 212-244-4570 FAX

www.nylpi.org

**OPWDD Eligibility for Services
and Developmental Disability Regional Offices**

For more information on the process and to obtain other support services for children with intellectual/developmental disabilities contact your local Developmental Disability Regional Office:

All of New York City is Region 4

Director of Region 4: Donna Limiti (located at the Brooklyn Office)

Bronx: 718-430-0700, FAX: 718-430-0482

Brooklyn: 718-642-6000, 718-642-6053/6054 (evenings/answering machine), FAX: 718-642-6282

Manhattan: 646-766-3466

Queens: 718-217-4242, FAX: 718-217-4724

Staten Island: 718-983-5200, 718-982-1903 FAX: 718-983-9768

Deputy Directors:

Elizabeth Cambra (Metro/Fineson), 718-217-6831

Sheila Green-Gholson (Brooklyn/SI), 718-642-8662

How Do I Qualify for Services?

The People First Waiver

Help! I need respite, case management, recreation, parent training, medical services, support, job training for my teenager, and so much more!! I want to make sure he/she has as rich and full a life as possible. How do I begin this journey?

Right now, regardless of your family income, it is possible to obtain Medicaid through a system called **Medicaid Waiver**. If you have the appropriate documentation that can prove your child's level of need: that your child has an intellectual disability resulting in functional limitations, you might qualify. Your DDSO can help link you with places that will test your child and providers who will help you enroll in the program. In order to obtain Medicaid Waiver, you will need to attend a "**Front Door**" orientation meeting. You can contact your DDRO and they will give you dates for these sessions.

The whole system is transitioning into a new waiver called the **1915 B&C Waiver (People First Waiver)**. Don't worry about what it is called-just know that this new transition will allow you to link with a network of experienced providers called a **DISCO: Developmental Disabilities Individual Support and Care Coordination Organization**. Based on the results of a universal assessment tool, it will be determined how much funding will be allotted for your child's needs: medical, social, vocational etc. It won't be chiseled in stone as we all know life throws us some curve balls. Should a crisis arise, that budget can always be re-evaluated based upon new needs. It will however be capitated (limited).

You will be receive **Care Coordination** instead of a Medicaid Service Coordinator. This will be a team of professionals who will work together with you to make sure your child's needs are being met. You can also **dream** and try to make those dreams come true. If you feel that your child's needs can best be served in a mainstream after school program with a shadow teacher, this new Waiver will hopefully allow for such cost effective creative options. Creative housing options, work options and on and on!

Your child might need supportive services as well as your family, through all the transitions that life brings. This new People First Waiver seeks to help you with this in a way that includes your child, teenager, adult in the community to the greatest extent possible.

Under the old system, 91% of OPWDD funding was going toward supervised housing and Day Treatment programs. Under this new waiver, the individual with an intellectual disability and the family, together with the Care Coordination team can visualize and realize more person-centered cost effective options. This will all take team work, critical and creative thinking about what is best for your family member with an intellectual disability and some good dreaming!

Parent Workshops

These organizations offer workshops and training on various topics of interest to parents of children with disabilities.

Advocates for Children of New York

151 W. 30th Street, 5th Floor
New York, New York 10001
1-866-427-6033, 212-947-9779

www.advocatesforchildren.org

Workshops on various educational topics.

AHRC

83 MAiden Lane
New York, New York 10038
212-780-2500, 212-780-4491,
212-780-4493

www.ahrcnyc.org

Workshops twice a month through their Family Education Department.

Big Apple Oranges

c/o Elaine Stillerman
PO Box 150337
Brooklyn, New York 11215

www.bigappleoranges.com

This parent friendly site always lists workshops for parents of children with disabilities.

Brooklyn Center for the Independence of the Disabled

27 Smith Street, Suite 200, Brooklyn, NY 11201

718-998-3000; 718-998-3743 (FAX)

www.bcid.org

Workshops on various educational topics.

The Center for the Independence of the Disabled in New York (CIDNY)

841 Broadway, Suite 301
New York, New York 10003
212-674-2300

83-02 Kew Gardens Road, Suite 107
Kew Gardens, New York 11415
646-442-1520

<http://www.cidny.org>

Workshops on a variety of social service topics.

Challenge Early Intervention Center

649 39th Street
Brooklyn, New York 11232
718-851-3300

www.challenge-ei.com

Workshops on various topics.

The Early Childhood Direction Centers

(ECDC), funded by the New York State Education Department, provide free confidential information, training and referral for

families and professionals about services for young children with diagnosed or suspected special needs. In New York City there is an Early Childhood Direction Center in each borough. Children of families referred to the ECDC should reside in the borough and be between birth and five years of age. **They also offer workshops on various topics of interest to parents of children birth to 5 with disabilities.**

Bronx

Ana Cecilia Hernandez, Director
Early Childhood Direction Center
AHRC New York City

2488 Grand Concourse
Room 405

Bronx, NY 10458

Phone: (718) 584-0658

Fax: (718) 584-0859

E-mail: ecdcbronx@yahoo.com

Website: <http://www.ahrcnyc.org/services/services-by-type/bronxearlychildhood.html>

Brooklyn

Karen Samet, Director
Early Childhood Direction Center
UCP of NYC, Inc, SHARE Center
160 Lawrence Avenue
Brooklyn, NY 11230
Phone: (718) 437-3794
Fax: (718) 907-3195
E-mail: ksamet@ucpnyc.org
Website: <http://www.ucpnyc.org/info/agency/youthbrooklyn.cfm>

Manhattan

Marilyn Rubinstein, Director
Early Childhood Direction Center
New York Presbyterian Hospital
435 East 70th Street, Suite 2A
New York, NY 10021
Phone: (212) 746-6175
Fax: (212) 746-8895
E-mail: mrubinst@nyp.org
Website: http://nyp.org/socialwork/cli_pro/
(under Pediatric Specialty Program, go to
Early Childhood Direction Center)

Queens

Catherine Warkala, Director
Early Childhood Direction Center
Queens Center for Progress
82-25 164th Street
Jamaica, NY 11432
Phone: (718) 374-0002 Ext. 465
Fax: (718) 969-9149
E-mail: cwarkala@queenscp.org
Website: <http://ecdc-queens.webs.com>

Staten Island

Laura Kennedy, Director
Early Childhood Direction Center
Staten Island University Hospital
242 Mason Avenue, 1st Floor
Staten Island, NY 10305
Phone: (718) 226-6670
Fax: (718) 226-6385
E-mail: lkennedy@siuh.edu

Website: <http://www.siuh.edu/childhood.html>

Families on the Move of New York City, Inc.

358 St. Marks Place, Suite 203
Staten Island, New York 10301
347-682-4870
www.fotmny.org
Workshops on various child rearing issues.

Jewish Community Center of Manhattan

334 Amsterdam Avenue
New York, New York 10023
646-505-7600
www.jccmanhattan.org
Workshops on various topics for parents of children with special needs.

My Time, Inc.

1312 E. 84th Street
Brooklyn, New York 11236
718-251-0527
www.mytimeinc.org
Workshops on a variety of special needs topics.

New York Families for Autistic Children

95-16 Pitkin Avenue
Ozone Park, New York 11417
718-641-3441
www.nyfac.org
Workshops for families of children with Autism Spectrum Disorders on various topics.

Resources for Children with Special Needs, Inc.

116 E. 16th Street, 5th Floor
New York, New York 10003
212-677-4650
www.resourcesnyc.org
Workshops on both educational and social service issues.

Parent Workshops

These organizations offer workshops and training on various topics of interest to parents of children with disabilities.

Sinergia

2082 Lexington Avenue, 4th Floor
New York, New York 10035
212-643-2840

www.sinergiany.org

Workshops on both educational and social services.

SNACK & Friends, Inc.

220 East 86th Street (Lower Level)
New York, NY 10028-3606
212-439-9996

www.snacknyc.com

Workshops on various topics for parents of children with Autism Spectrum Disorders.

United Cerebral Palsy of New York City-Project CONNECT

80 Maiden Lane, 8th Floor
New York, New York 10038
1-877-UCP-CONNECT, 1-877-827-2666

www.ucpnyc.org

Workshops on various topics for parents of children with developmental disabilities.

United We Stand of New York, Inc.

98 Moore Street
Brooklyn, New York 11206
718-302-4313

www.uwsony.org

Workshops on educational issues.

YAI-Seeing Beyond Disability

460 W. 34th Street, 11th Floor
New York, New York 10001
212-273-6182

www.yai.org/services/autism/family-support-groups.html

YAI offers a workshop series on a variety of topics for parents of children with Autism Spectrum Disorders

Parenting Skills Programs

Searching for Workshops and Training

New York State Parenting Education Partnership

c/o Prevent Child Abuse New York
33 Elk Street, Suite 201
Albany, New York 12207
518-445-1273, 1-800-CHILDREN,
1-800-244-5373

www.parentingeducationpartnership.org

This NYS organization has an online database of mainstream and special needs parenting programs.

Developmental Disability Regional Offices' Family Support Guides

Each local Developmental Disability Regional Office, the local branch of the NYS Office for People with Developmental Disabilities, has a **Family Support Guide**. Every one of these Guides contains a section on special needs parenting skills programs.

Bronx:

http://www.bronxddcouncil.org/wp-content/uploads/2012/05/Family_Support_Guide_Final_2012_FINAL_r21.pdf

Brooklyn:

<http://www.brooklynddcouncil.org/#/contact-us>

Manhattan:

<http://www.manhattanddcouncil.org/directories/family-support-services-directory-2012>

Queens:

http://www.qcdd.org/Documents/Qns_FamilySupportGuide2012-2013Complete.pdf

Staten Island: Guide not online. Call the Consumer Council to obtain a copy.

http://www.siddc.org/Supports_and_Services.html

Bronx Parenting Programs

Bronx Parenting Housing Network

1171 Washington Avenue
Bronx, New York 10456
347-271-8257

www.bphn.org

This multi-service agency serves parents in the South Bronx who are living in poverty and need social services including parenting skills training.

Mercy Center

377 E. 145th Street
Bronx, New York 10454
718-993-2789

www.mercycenterbronx.org

This multi-service agency offers parenting skills training and anger management classes.

The Parent Training Network

18666 Washington Avenue, 2nd Floor
Bronx, New York 10457
718-367-6809

www.parentingtrainingnetwork.com

Parenting skills training dealing with conflict resolution, discipline, behavior management and other topics dealing with appropriate positive parenting.

Brooklyn Parenting Programs

Mindful Parenting Brooklyn-The Smart Room

143 Waverly Place
Brooklyn, New York 11205
646-308-1530

www.mindfulparentingbrooklyn.com

Individual consultations and group parenting.

Parents Helping Parents

669 President Street
Brooklyn, New York 11215
718-638-9444

www.phponline.org

This organization runs various parenting workshops including, "Parents of Children with Special Needs".

Manhattan Parenting Programs

The Child Mind Institute

445 Park Avenue
New York, New York 10022
646-625-4272

www.childmind.org

This organizations run a parenting series called the Learning and Development Workshop Series. It explores language development, raising and supporting children with Autism Spectrum Disorders as well as child with Attention Deficit Disorders.

**Every Person Influences Children:
EPIC**

Just for Teens Program
475 Riverside Drive, Suite 1268
New York, New York 10115
212-870-2910

www.epicforchildren.org

Parenting skills including a program just for teen parents.

The Pacella Parent Child Center

247 E. 82nd Street
New York, New York 10028
212-665-6309

www.theparentchildcenter.org

**Parenting and Educational Resources
NYC**

917-866-0044

www.per-nyc.com

A network of child development specialist and advocates who conduct workshops and individual parenting skills for all age groups. The number listed is specifically for the specialist who deals with parents of children birth to 3.

This parenting center runs individual consultations as well as parent groups that deal with issues of caring for children birth to three. They say their rates are affordable.

**Saint Lukes Roosevelt Hospital:
Parent -Infant Center at the Child and
Family Institute**

1090 Amsterdam Avenue, 17th Floor
New York, New York 10025
212-523-3071, 212-523-3082

www.wehealny.org

This hospital based program works with high risk parents and are either pregnant or have children birth to 3. They offer psychiatric intervention as well as parenting skills training.

Sinergia

2082 Lexington Avenue, 4th Floor
New York, New York 10035
212-643-2840

www.sinergiany.org

Parenting skills for parents who have developmental disabilities.

Soho Parenting

568 Broadway, Suite 402
New York, New York 10012
212-334-3744

www.sohoparenting.com

Various parenting groups dealing with a wide variety of issues. Fee for service.

Parenting Skills Programs

Teen Parent Resource Guide

<http://resiliencelaw.org/wordpress2011/wp-content/uploads/2011/03/Pregnant-and-Parenting-Teen-Resources.pdf>

Services for pregnant and parenting teens.

Tribeca Pediatrics

46 Warren Street
New York, New York 10007
212-226-7666
247 W. 26th Street
New York, New York 10001
646-666-8666

304 E. 62nd Street
New York, New York 10065
646-434-0868

www.tribecapediatrics.com

You can attend classes on breastfeeding, being a new mom and new dad as well as dealing with your toddler. Fee for service.

Queens Parenting Programs

The Child Center of New York:

Asian Outreach Clinic

81-14 Queens Boulevard
Elmhurst, New York 11373
718-889-9810 ext. 200

Trude Weishaupf Center

140-158B Sanford Avenue
Flushing, New York 11355
718-539-2500

www.childcenterny.org

This agency provides parenting skills training to Asian families who are confronted with various stressful issues of concern.

Parents in Action

34-59 Junction Boulevard
Jackson Heights, New York 11372
347-624-4830

www.parentsinaction.net

Parenting skills and anger management in English and Spanish.

Staten Island Parenting Programs

The Elizabeth W. Pouch Center

657 Castleton Avenue
Staten Island, New York 10301
718-448-9775

www.simh.org/elizabeth-w-pouch-center-special-people

Parenting skills training for parents who have developmental disabilities.

Families on the Move of New York City, Inc.

358 St. Marks Place, Suite 203
Staten Island, New York 10301
347-682-4870

www.fotmny.org

Parenting skills training.

Parent to Parent

1050 Forest Hill Road, #108
Staten Island, New York 10314
718-494-0319

www.parenttoparentnys.org

This organization offers parent support and training through workshops and by linking parents with a mentor parent who can support and offer suggestions about parenting a child with special needs.

Recreation and Socialization

Recreation is a necessary and important part of your child's growth and development. All children need friends. All children deserve to have fun. There are special needs recreation programs and mainstream ones. Your child has a right under the federal law called the American's with Disabilities Act to be given reasonable accommodations in recreation programs. Here are some ways to find those programs.

Special Needs Programs (just children with disabilities)

Autism Speaks:

1 E. 33rd Street
New York, New York 10015
212-252-8676

www.autismspeaks.org/family-services/resource-guide

This organization can help you locate recreation that gives children with Autism Spectrum Disorders, the attention and care that will maximize the possibility of success.

Family Support Guides: If you contact your local Developmental Disability Service Office (DDSO), you can obtain information about after-school, weekend and overnight recreation and respite programs for children with intellectual disabilities. Every DDSO can provide you with a "Family Support Guide" that contains that information. Bronx: 718-430-0842, Brooklyn: 718-642-6000, Manhattan: 212- 229-3000, Queens: 718-217-4242, Staten Island: 718-982-1903

You can also access the Family Support Guides by going to the following sites:

Bronx:

http://www.bronxddcouncil.org/wp-content/uploads/2012/05/Family_Support_Guide_Final_2012_FINAL_r21.pdf

Brooklyn:

<http://www.brooklynddcouncil.org/#!contact-us>

Manhattan:

<http://www.manhattanddcouncil.org/directories/family-support-services-directory-2012>

Queens:

http://www.qcdd.org/Documents/Qns_FamilySupportGuide2012-2013Complete.pdf

Staten Island: Guide not online. Call the Consumer Council to obtain a copy.

http://www.siddc.org/Supports_and_Services.html

Resources for Children with Special Needs. Inc.

116 E. 16th Street, 5th Floor
New York, New York 10003
212-677-4650

www.resourcesnyc.org

This information and advocacy organization will help you find appropriate special needs recreation and summer programs.

Mainstream Programs (for all children)

New York City Child Care Resource & Referral Consortium: Contact this hotline to find out about various child care environments where your child can have structured fun and learning. 1-888-469-5999. www.childcareconsortium.org

NYS Office of Children and Family Services: This website lets you search for licensed family, group and school-age child care programs. 518-474-9454. www.ocf.state.ny.us/main/childcare/ccf_template.asp

Partnership for After School Education:

120 Broadway, Suite 230
New York, New York 10271
www.pasesetter.com

This organization has a great website that will provide you with all types of recreation programs.

Youth Connect

New York City Department of Youth and Community Development
156 William Street, 6th Floor
New York, New York 10036
1-800-246-4646

www.nyc.gov/html/dycd/html/afterschool/search.shtml

This NYC information line run by the NYC Department of Youth and Community Development provides you with referrals to local recreation programs. You can also search for those programs on their website.

Local Parent Magazines: Look for local community newspapers as well as citywide journals such as Big Apple Parent: (212) 315-0800, <http://nymetroparents.com/index.cfm> and NY Family: 212-268-3086, <http://www.newyorkfamily.com/contact/>

Social Services and Public Benefits

Help obtaining information about benefits and other services to help relieve the daily stresses of life in NYC.

Where can I find information about Social Services and Public Benefits?

311 Online: <http://www.nyc.gov/apps/311/>

NYC's online tool that provides access and information to hundreds of NYC services, jobs and resources, including health and human services.

Access NY

311

<https://a858-ihss.nyc.gov>

Search for 30 city, state and federal benefit and health programs.

The ARC Medicaid Reference Desk

1825 K Street, Suite 200

Washington, DC 20006

800-433-5255

<http://www.thedesk.info/what-is-medicaid/>

Nationwide information center about Medicaid benefits and questions for persons with Developmental Disabilities.

Benefits Plus Learning Center

105 E. 22nd Street

New York, New York 10010

212-614-5552

<http://www.cssny.org/programs/entry/center-for-benefits-and-services>

Counseling about public benefits and housing issues.

<http://benefitsplus.cssny.org/benefit-tool/benefit-tools>

The Benefit Plus Learning Center's popular "Benefit Tools" is the solution for the advocate looking for quick links to many useful resources on public benefits and housing resources.

Earn Benefits Online

SEEDCO

915 Broadway, 17th Floor

New York, New York 10010

212-473-0255

www.earnbenefits.org

Navigate the world of NYC social service benefits

They also have listings of organizations that donate clothing!

<http://newyork.earnbenefits.org/page.php?pageID=278>

Health Information Tool for Empowerment (HITE)

1-866-370-HITE (4483)

www.hitesite.org

Access many of NYC's support programs for all residents including benefits, medical, social services.

Office of Temporary and Disability Assistance

My Benefits Online Search Engine

40 North Pearl Street

Albany, New York 12243

518-208-4485

<https://mybenefits.ny.gov/web/otda/prescreening?>

Online search engine that allows you to search for all possible NYS benefits.

New Direction Services, Inc.

1027 Post Ave

Staten Island, NY 10302

(718)447-3786

www.newdirectionservices.org

Non Profit Organization that provides all types of social service assistance

New York City Affordable Housing Resource Center

<http://www.nyc.gov/html/housinginfo/html/home/home.shtml>

NYC's online tool to find information on all aspects of City housing, including renting an apartment, buying a home, and apartment maintenance issues in addition to all of the City's affordable housing lottery listings.

New York City Administration for Children's Services

Developmental Disabilities Unit

Office of Child and Family Health

150 William Street, 8th Floor 8-K4

New York, NY 10038

212-341-8902

<http://www.nyc.gov/html/acs/html/home/home.shtml>

Help and support for families involved with ACS and caring for children with Developmental Disabilities.

<http://a068-preventivesse.nyc.gov/psse/search?actionType=search>

ACS search engine for locating preventive service agencies

New York City Human Resources Administration (HRA)

311

www.nyc.gov/html/hia/html/resources/community.shtml

Information about city health care programs, public assistance and other social services

NYC Health Insurance Link: <https://a069-webapps7.nyc.gov/healthinslink/home.aspx>

NYC/HRA's web-based tool that allows individuals, families and businesses to search for cost-free or low-cost health insurance plans and resources.

Child Support: http://www.nyc.gov/html/hra/html/directory/child_support_calculator.shtml

NYC/HRA's web-based calculator that estimates the amount of child support to be paid by the non-custodial parent based on his/her annual income.

Medicaid Information

http://www.nyc.gov/html/hra/html/directory/medicaid_offices.shtml

Information about where to apply for Medicaid, federal health insurance for low income families.

Preventive Services Directory-ACS

311 (ask for preventive services)

http://www.nyc.gov/html/acs/html/support_families/preventive_services.shtml

The Administration for Children's Services publishes a guide that lists all the agencies that can provide families with preventive services-services that can keep families together and provide support.

Single Stop USA

212-480-2870

<http://www.singlestopusa.org/Locations/Northeast/NewYork.shtml>

Benefits counseling in NYC with many locations

Advocates who can help you get the social services and benefits

Arab American Family Support Center

150 Court St

Brooklyn, NY 11201

Non Profit Organization that provides housing assistance

350 Jay Street

Brooklyn, New York 11201

718-250-5035

37-10 30th Avenue

Long island City, New York 11101

www.aafscny.org

Social services advocacy for Arab Americans.

Benefits Plus Learning Center

105 E. 22nd Street

New York, New York 10010

212-614-5552

<http://www.cssny.org/programs/entry/center-for-benefits-and-services>

Counseling about public benefits and housing issues.

<http://benefitsplus.cssny.org/benefit-tool/benefit-tools>

The Benefit Plus Learning Center's popular "Benefit Tools" is the solution for the advocate looking for quick links to many useful resources on public benefits and housing resources.

Government Benefits

Government benefits are usually based upon certain criteria such as income, family make-up and documentation status in the country. Some benefits are only for children with disabilities. If you feel that you have wrongly been denied these benefits, you always have recourse, such as a hearing.

Family and Medical Leave Act

<http://www.dol.gov/dol/topic/benefits-leave/fmla.htm>

The federal law that enables you to take time off of work to care for a family member with an illness or disability, without being fired.

Home Care Services Program

Community Alternative Systems Agency (CASA)

http://www.nyc.gov/html/hra/downloads/pdf/MICSA/HCSP/list_casa.pdf

In order to obtain homecare in the form of a home attendant, homemaker, home health care provider, a doctor must fill out a form called an M11Q form. These forms are provided and processed by the local CASA offices. Call 311 for your local CASA office. For individuals who are not exempt from managed care plans, they must go through their plan to see if homecare is covered.

New York City Administration for Children's Services

Developmental Disabilities Unit
Office of Child and Family Health
150 William Street, 8th Floor 8-K4
New York, NY 10038
212-341-8902

<http://www.nyc.gov/html/acs/html/home/home.shtml>

Help and support for families involved with ACS and caring for children with Developmental Disabilities.

<http://a068-preventivesse.nyc.gov/psse/search?actionType=search>

ACS search engine for locating preventive service agencies

New York City Child Care Tax Credit

http://www.nyc.gov/html/ofe/downloads/pdf/nyc_child_care_tax_credit.pdf

You might be entitled to a tax credit if you are paying for child care.

New York City Department of Housing and Preservation Development

Housing Lottery: <http://www.nyc.gov/html/hpd/html/apartment/lotteries.shtml>

NYC's Department of Housing and Preservation Development online resource that provides information on subsidized apartments available through an Open Lottery System.

New York City Human Resources Administration (HRA)

311

www.nyc.gov/html/hia/html/resources/community.shtml

Information about city health care programs, public assistance and other social services

NYC Health Insurance Link: <https://a069-webapps7.nyc.gov/healthinslink/home.aspx>

NYC/HRA's web-based tool that allows individuals, families and businesses to search for cost-free or low-cost health insurance plans and resources.

Child Support: http://www.nyc.gov/html/hra/html/directory/child_support_calculator.shtml

NYC/HRA's web-based calculator that estimates the amount of child support to be paid by the non-custodial parent based on his/her annual income.

Medicaid Information

http://www.nyc.gov/html/hra/html/directory/medicaid_offices.shtml

Information about where to apply for Medicaid, federal health insurance for low income families.

Supplemental Nutrition Assistance Program-SNAP (Used to be called Food Stamps)

http://www.nyc.gov/html/hra/html/directory/food_stamp_centers.shtml

Information about your closest center to apply for this income based food funding program.

Supplemental Security Income (SSI)

1-800-772-1213

<https://secure.ssa.gov/apps6z/FOLO/fo001.jsp>

Learn about SSI and where to apply. This is a monthly subsidy to help provide for your child's needs. It is income based and you must provide documentation showing that your child has a disability that results in severe functional limitations.

Women Infants and Children's Program (WIC)

1-800-522-5006

http://www.health.ny.gov/prevention/nutrition/wic/local_agencies.htm

Supplemental nutrition for children under 5 who are at risk.

WIC Screening Tool: <https://stars.fns.usda.gov/wps/pages/start.jsf>

The Food and Nutrition Service has a web-based calculator to determine eligibility for WIC.

Private Benefits and Charitable Services

Also look in Free Baby Supplies for more charitable organizations

Food Bank for NYC

39 Broadway

New York, New York 10006

212-566-7855

www.foodbanknyc.org/

Find sources of food and nutrition

LawHelp: <http://www.lawhelp.org>

Pro Bono Net's web-based tool that allows individuals to search for free legal aid referrals by state. Topics include health, immigration/immigrants, workers' rights, housing, public benefits, education, veterans, disability, and more.

Project Hospitality

If you are in Staten Island, New York, and you need help, please contact the following programs run by Project Hospitality:

Need food?

Please contact Project Hospitality's Community Services Center, which is located at 514 Bay Street, at (718) 815-0800. [CLICK HERE](#) for a list of emergency food resources on Staten Island.

Need a place to spend the night?

Please contact the Drop-In Center, located at 25 Central Avenue, at (718) 720-0079, ext. 10.

Need help managing HIV/AIDS?

Please contact the SHINE Center at (718) 876-7716.

Need HIV/AIDS housing?

Please contact (718) 448-1544.

Need help with recovery from alcohol or drug addiction?

Please contact our Recovery Center at (718) 273-0850.

www.projecthospitality.org

St. John's Bread & Life Program

795 Lexington Ave

Brooklyn, NY 11221

718-574-0058

www.breadandlife.org

Social services and benefits advocacy.

Support Groups

Asperger Syndrome

Asperger Center for Education and Training

303 Fifth Avenue, Suite 1003
New York, NY 10016
212-686-3535x205, 718-406-3848
www.aspergercenter.com

AHA-Asperger Syndrome and High Functioning Autism Association (Serves LI and NYC)

330 Broadway
Amityville, New York 11714
888-918-9198
www.ahany.org

GRASP - The Global And Regional Asperger Syndrome Partnership

419 Lafayette Street
New York, New York 10003
1-888-474-7277
www.grasp.org

The Grace Foundation Of New York

264 Watchogue Road
Staten island, New York 10314
718-983-3800
718-983-3858 FAX
www.graceofny.org

National Autism Association

60 E. 96th Street, Suite 5CD
New York, New York 10128
212-977-7722
www.naanyc.org

Attention Deficit Disorder (also see Family Resource Centers in section on Emotional Disabilities)

The ADD Resource Center, Inc.
W. 75th Street #6
New York, New York 10023
646-205-8080

www.addrc.org

The Child Mind Institute

445 Park Avenue
New York, New York 10022
212-308-3118
www.childmind.org

Children And Adults With Attention Deficit/Hyperactivity Disorders, New York City

215 W. 75th Street #6
New York, New York 10023
212-721-0007; 212-721-0074 FAX
www.chadd.org

Autism/PDD

Autism Society of America - National

4340 East-West Highway, Suite 350
Bethesda, Maryland 20814
1-800-328-8476; 301-657-0869 (FAX)
www.autism-society.org

Autism Society of America - Bronx

North Central Bronx Hospital
3424 Kossuth Avenue, Room 15A11
Bronx, New York 10467
718-519-4797; 800-328-8476;
718-519-3634 (FAX)
monica.sanabria@nbhn.net

Autism Society of America - Brooklyn

225 Avenue S
Brooklyn, New York 11223
718-336-9533; 800-328-8476

Autism Society of America - Manhattan

25 W. 17th Street
New York, New York 10011
212-628-0669; 800-328-8476;
212-717-2306 (FAX)
gdzucker@aol.com

Autism Society of America - Queens
188-83 85th Road
Jamaica, New York 11423
718-464-5735
www.autism-society.org

Downtown Spectrum - Parent Support Group
212-219-1195
www.spectrumparent.blogspot.com

Extreme Kids & Crew
40 Brevoort Place
Brooklyn, New York 11216
718-576-6471
www.extremekidsandcrew.org

The Grace Foundation of New York
264 Watchogue Road
Staten island, New York 10314
718-983-3800; 718-983-3858 (FAX)
www.graceofny.org

My Time, Inc.
1312 E. 84th Street
Brooklyn, New York 11236
718-251-0527; 347-587-2881 (FAX)
www.mytimeinc.org

National Autism Association
60 E. 96th Street, Suite 5CD
New York, New York 10128
212-977-7722
www.naanyc.org

New York Families For Autistic Children, Inc.
95-16 Pitkin Avenue
Ozone Park, New York 11417
718-641-3441; 718-641-4452 (FAX)
www.nyfac.org

Shorefront YM-YWHA-Family Autism Center
3300 Coney Island Island Avenue
Brooklyn, New York 11235

718-646-1444x406
www.shorefrontny.org

SNACK:Special Needs Activity Center for Kids
220 E. 86th Street (Lower Level)
New York, New York 10028
212-439-9996
www.snacknyc.com

YAI/National Institute For People With Disabilities
460 W. 34th Street
New York, New York 10001
1-888- YAI-AUTISM; 212-273-6182 YAI LINK
212-273-6100; 212- 268-1083 (FAX)
www.yai.org

Deaf/Hard of Hearing

Center for Hearing & Communication
50 Broadway, 6th Floor
New York, New York 10004
917-305-7700; 917-305-7999 (TDD)
www.chchearing.org

Developmental Disabilities/Intellectual Disabilities

AHRC
83 Maiden Lane
New York, New York 10038
212-780-2500; 800-622-1220 TTY;
Information and Referral; 212-780-4491
Clinical Intake; 212-780-4784 (FAX)
www.ahrcnyc.org

Brooklyn Parent Advocacy Network, Inc.
279 East 57th Street
Brooklyn, NY 11203-4801
718-629-6299; 718-629-5338 (FAX)

Support Groups

Community Resources and Services For Children

94-04 161st Street, Suite 401
Jamaica, New York 11432
718-206-3400; 718-206-0559 (FAX)

Extreme Kids & Crew

40 Brevoort Place
Brooklyn, New York 11216
718-576-6471
www.extremekidsandcrew.org

Gigi's Playhouse Down Syndrome Awareness Center

106 W. 117th Street
New York, New York 10026
646-801-7529
www.gigisplayhouse.org

Harlem Independent Living Center

289 Saint Nicholas Avenue, Suite 21
New York, New York 10027
212-222-7122; 800-673-2371;
212-222-7198 TTY
212-222-7199 (FAX)
www.hilc.org

Manhattan Mothers & Others

160 E. 65th Street, Suite 25D
New York, New York 10065
212-570-6860; 212-570-9946 (FAX)

North Central Bronx Hospital

3424 Kossuth Avenue, Room 15A11
Bronx, New York 10467
Family Support for Developmental
Disabilities
718-519-4797; 800-328-8476;
718-519-3634 (FAX)

Queens Parent Resource Center

112-40 Francis Lewis Boulevard
Queens Village, New York 11427
718-523-6953; 718-523-7261 (FAX)
www.qprc.net

Samuel Field YM & YWHA

58-20 Little Neck Parkway
Little Neck New York 11362
718-225-6750; (718)423-8276 (FAX)
www.sfy.org

United We Stand of NY, LTD.

98 Moore St. Brooklyn NY 11206
718-302-4313 (Brooklyn Education
Advocacy)
646-460-1635, 7, 8 (Queens Special
Education Parent Center Project)
www.uwsofny.org

Emotional Disability

Families On The Move Of New York City (Staten Island)

358 Saint Marks Place, Suite 203
Staten Island, New York
347-682-4870 Administrative;
718-447-6539 (FAX)
www.fotmny.org

Institute For Community Living Brooklyn Family Resource Center

2581 Atlantic Avenue
Brooklyn, New York 11207
1-877-425-8133; 718-495-8298 (FAX)
www.iclinc.net

Jewish Board of Family and Children's Services Staten Island Family Resource Center (Staten Island)

2795 Richmond Ave
Staten Island, NY 10314
718-698-5426; 718-370-1142 (FAX)
www.jbfcs.org

Jewish Child Care Association- Brooklyn

858 E. 29th Street
Brooklyn, NY 11210
347-394-5186; 347-859-4012 (FAX)

MHA of NYC - Bronx Family Resource Center

975 Kelly Street, Suite 301
Bronx, New York 10459
718-220-0456x6124, 718-220-0456x6124

MHA of NYC- Manhattan Family Resource Center

50 Broadway 19th Floor
New York, New York 10004
212-964-5253 Ext. 353; 212-964-7302 (FAX)

212-964-5253 Ext. 306

MHA of NYC-Manhattan Family Resource Center

1 W. 125th Street, 2nd Floor
New York, New York 10027
212-410-1820; 212-410-1759 (FAX)

MHA Of NYC - Queens Family Resource Center

29-46 Northern Boulevard
Long island City, New York 11101
718-651-1960; 718-651-1719 (FAX)
www.qprc.net

NAMI – NYC (Citywide Groups)

505 Eighth Avenue, Suite 1103
New York, New York 10018
212-684-3365, Ext. 204
www.naminycmetro.org

St. John's Episcopal Hospital-Eastern Queens

148-45 Hillside Avenue, Suite 203
Jamaica, New York 11435
347-644-5711

Learning Disability

Churchill School And Center

301 E. 29th Street
New York, New York 10016
212-722-0610; 212-722-1387 (FAX)
www.churchillschool.com

Learning Disabilities Association of New York City

237 W. 35th Street, Suite 1101
New York, New York 10001
212-645-6730; 212-924-8896 (FAX)
<http://www.ldanyc.org/>

Rare Disorders

National Organization for Rare Disorders (NORD)

55 Kenosia Avenue
Danbury, Connecticut 06810
1-800-999-6673, 201-744-0100
www.rarediseases.org

Seizure Disorder

The Epilepsy Foundation of Metropolitan New York

65 Broadway, Suite 505
New York, New York 10006
212-677-8550; 212-677-5825 (FAX)
www.efmny.org

Finding A Cure For Epilepsy and Seizures (FACES)

223 E. 34th Street
New York, New York 10016
646-558-0900; 646-385-7163 (FAX)
www.faces.med.nyu.edu

Transportation Resources

A Ride For All

3331 10th St., Astoria, NY 11106

718-706-7433

www.access-able.com

Private accessible car service

A Very Special Place-TeleRide

55 Quintard Street

Staten Island, NY 10305

718-987-1234, 718-979-4744

www.veryspecialplace.org

Accessible transportation for SI individuals with developmental disabilities to work programs on Staten Island.

AMTRAK

1-800-872-7245, 1-800-523-6590 (TTY)

www.amtrak.com

Offers discounts to people with disabilities; 15% to adults, 50% to children ages 2-15. Call for information.

Greyhound Lines

1-800-752-4841, 1-800-345-3109 (TTY)

www.greyhound.com

Allows care assistants to ride free when accompanying people with disabilities. Call for qualification requirements.

Hospital Audiences, Inc. (HAI) - OMNI*BUS

548 Broadway, 3rd Fl., New York, NY 10012

212-575-7676, 212-575-7673 (TDD)

www.hainyc.org

An adapted bus to rent for cultural, recreational and educational events. An attendant is provided; charges are approx. \$475/8 hour use.

Medicaid Transportation Issues

212-630-1513

National Patient Travel Center

1-800-296-1217

www.patienttravel.org

Provides information about all forms of charitable, long-distance medical air transportation.

NYC Department of Education-P.M. Drop-Off Form

If your child is normally transported home by school bus, you can fill out a form to have your child dropped at an alternative site such as an afterschool program. Speak to the Special Education Supervisor in the school.

NYC Dept. of Transportation

28-11 Queens Plaza N., 8th Fl., Long Island City, NY

718-433-3100 (Parking Permits),

212-504-4115 (TTY)

www.nyc.gov/html/dot

Call to obtain special parking permit if you transport a person with special needs.

NYC Taxi and Limousine Commission

They provide a website of accessible car and limo services

http://www.nyc.gov/html/tlc/downloads/pdf/find_a_ride.pdf

NYS Institute on Disability, Inc.

930 Willowbrook Road, Staten Island, NY 10314

718-494-6457

Car service vouchers for persons with intellectual disabilities and their families.

Metropolitan Transportation Authority (MTA)

Access-A-Ride Paratransit Program

2 Broadway, 11th Fl., New York, NY 10004

877-337-2017, 511 for complaints

www.mta.info/nyct/paratran/guide.htm

Door-to-door accessible citywide transportation for residents who can't use the public transit system because of a disability.

Metropolitan Transportation Authority (MTA)

Reduced-Fare Program for People with Disabilities

130 Livingston Street St., Brooklyn, NY 11201 (Mailing in application)

3 Stone Street, New York, New York 10004 (Applying in person)

718-330-1234

<http://www.mta.info/nyct/fare/rfapply.htm>

NYS Dept. of Motor Vehicles

West Shore Plaza

212-645-5550, 718-966-6155 or

518-402-4838

www.dmv.ny.gov

Special license plates for drivers with a disability. Call for application requirements and the contact in your local borough to pick up plates.

Transportation Reimbursement

See **Family Reimbursement** for programs that might reimburse the cost of transporting a child with a developmental disability.

Wheelchair Getaways

1-800-379-3750; 1-800-642-2042,

National Reservations

www.wheelchairgetaways.com

To rent a wheelchair accessible van.

Bulletin!!

When you are accompanying a person with a disability on a NYC train, buss or Access-A Ride, you are considered the Personal Care Attendant (PCA) and should not be paying! Make sure you have an ID fro the person with the disability in case you run into a problem.

Here is the documentation from the MTA stating that PCAs should not be paying a fare.

<http://mta.info/nyct/paratran/>

Paying Utility Bills

Con Edison

Low-Income Rate Program.

Provides individuals on Public Assistance, Supplemental Security Income (SSI), or the Home Energy Assistance Program (HEAP) with a monthly \$6 reduction in their basic electric service charge. Customers are still obligated to pay the regular market supply price per kilowatt of energy used. Most eligible customers are automatically enrolled in this program; those who are not should fax or mail a copy of their grant letter, indicating their PA, SSI, or HEAP status, to the New York Con Edison offices: Attention: PA Central, Consolidated Edison, 4 Irving Place, Room 9NE, New York, NY 10003, Fax: 212-780-6320. For more information, call (212) 780-6319.

Low-Income Gas Plan.

Provides customers who are on Public Assistance (PA), Supplemental Security Income (SSI), or the Home Energy Assistance Program (HEAP) with a 25% reduced gas delivery rate. Customers who use gas energy for purposes other than heating their homes (such as for cooking or hot water) will be required to pay market price over a certain level; call for more information on pricing. Most eligible customers are automatically enrolled in this program; those who are not should fax or mail a copy of their grant letter, indicating their PA, SSI, or HEAP status, to the New York Con Edison offices: Attention: PA Central, Consolidated Edison, 4 Irving Place, Room 9NE, New York, NY 10003, Fax: 212-780-6320. For more information, call (212) 780-6319.

Energy Share.

Provides one-time grants of up to \$200 to Con Edison customers who need assistance meeting monthly electricity bill payments. Customers must be HEAP eligible (visit the **HEAP Web site** for eligibility information), submit a copy of a disconnection notice, and have made at least one payment to Con Edison prior to receiving a disconnection notice. Please call (877) 480-7427 for application times, eligibility, and other information. Sponsored by **Con Edison and HeartShare Human Services of New York**. For general information on HeartShare programs, please call (718) 422-4200 or (800) 599-HEART.

Medical Hardship & Life-Sustaining Equipment.

Provides short-term financial relief to patients facing a medical emergency by allowing up to 30 days of additional time to pay gas or electric bills. Customers who require life-sustaining equipment also receive coverage in the event of an emergency and may also receive assistance if they are having trouble with their bills. Patients and caregivers should call (800) 752-6633 for more information about their options.

CONCERN Program (For Seniors and Those with Disabilities).

Concern Program

1-800-872-8846, 1-800-752-6633

Con Edison customers who are seniors (ages 62+) or who have permanent disabilities may speak with a specially trained representative for information on government programs, safety tips, and ways to reduce their energy bills. For more information, call (800) 872-8846 and ask for the CONCERN program.

Home Energy Assistance Program (HEAP).

Provides assistance to low-income households with paying energy bills. Eligibility for the program is based on the applicant's income and housing situation. Applications are accepted each November. For questions about the program, or to request an application, [click here](#). You can also:

call NYC's Heap Hotline at (800) 692-0557 **(NYC only)**;

call OTDA's hotline at (800) 342-3009 **(all of New York State)**;

Screen for Eligibility

National Grid (formerly Keyspan)

National Grid offers several programs for eligible consumers who are low-income or facing medical emergencies. [Click here](#) or see below for information on National Grid's financial assistance programs.

Medical Emergency.

Provides short-term financial relief to patients facing a medical emergency by allowing up to 30 days of additional time to pay phone, gas, electric or water bills. The patient or caregiver must provide a letter from his/her physician that includes the patient's diagnosis, explains why shutting off the service would be detrimental to his/her health, and provides the physician's license number. For more information, call (718) 643-4050. NOTE: If service has already been disconnected after business hours, call the number and speak to a representative, and an immediate 5-day extension will be granted.

Telephone

Lifeline/Link-Up - Telephone Assistance.

The Lifeline and Link-Up programs offer low-income individuals discounts on their local telephone service (not long-distance or cell phone calls). Lifeline offers discounts on monthly charges, and Link-Up offers discounts on service initiation fees. To apply, consumers should contact their telephone companies directly. More information is available at (888) 641-8722. For information in Spanish, please [click here](#).

SafeLink Wireless - Cell Phone Assistance.

Provides free cell phone service for eligible individuals. Applicants must receive some form of public assistance (such as Medicaid, food stamps, or HEAP) **OR** have a household income at or below 135% of the poverty level. Individuals can [apply online](#) or

call (800) 977-3768 to request an application by mail or fax. Please note that service is not yet available in certain zip codes. SafeLine Wireless is offered through LifeLine, a government program.

Assurance Wireless - Cell Phone Assistance.

A program of Virgin Mobile that provides free cell phone service for eligible individuals who are receiving some form of public assistance (such as Medicaid, food stamps, or HEAP) OR have a household income at or below 135% of the poverty level guidelines. To apply, call (888) 898-4888.

